**DAFTAR ISI**

 Halaman

|  |  |
| --- | --- |
| **HALAMAN PENGESAHAN.....................................................................** | **ii** |
| **ABSTRAK...................................................................................................** | **iii** |
| **KATA PENGANTAR.................................................................................** | **iv** |
| **DAFTAR ISI................................................................................................** | **vi** |
| **DAFTAR TABEL........................................................................................** | **xi** |
| **DAFTAR GAMBAR...................................................................................** | **xii** |
| **DAFTAR LAMPIRAN...............................................................................** | **xiii** |
| **BAB 1** | **PENDAHULUAN.....................................................................** | **1** |
|  | 1.1 | Latar Belakang............................................................... | 1 |
|  | 1.2 | Rumusan Masalah.......................................................... | 3 |
|  | 1.3 | Hipotesis Penelitian........................................................ | 3 |
|  | 1.4 | Tujuan Penelitian............................................................ | 3 |
|  | 1.5 | Manfaat Penelitian.......................................................... | 3 |
|  | 1.6 | Kerangka Penelitian....................................................... | 5 |
| **BAB II** | **TINJAUAN PUSTAKA...........................................................** | **6** |
|  | 2.1 | Uraian Tumbuhan........................................................... | 6 |
|  |  | 2.1.1 | Klasifikasi tanaman............................................ | 6 |
|  |  | 2.1.2 | Nama daerah....................................................... | 6 |
|  |  | 2.1.3 | Deskripsi tanaman.............................................. | 7 |
|  |  | 2.1.4 | Kandungan kimia................................................ | 7 |
|  |  | 2.1.5 | Manfaat............................................................... | 8 |
|  | 2.2 | Kulit................................................................................ | 8 |
|  |  | 2.2.1 | Definisi............................................................... | 8 |
|  |  | 2.2.2 | Struktur kulit....................................................... | 9 |
|  | 2.3 | Tabir surya...................................................................... | 11 |
|  |  | 2.3.1 | Sinar ultraviolet.................................................. | 11 |
|  |  | 2.3.2 | Jenis tabir surya (*sunscreen)*............................... | 12 |
|  | 2.4 | *Sun Protection Factor* (SPF).......................................... | 13 |
|  | 2.5 | Gel.................................................................................. | 15 |
|  | 2.6 | Simplisia......................................................................... | 16 |
|  |  | 2.5.1 | Proses pembuatan simplisia................................ | 16 |
|  | 2.7 | Ekstraksi......................................................................... | 18 |
|  |  | 2.7.1 | Pengertian ekstraksi............................................ | 18 |
|  |  | 2.7.2 | Metode ekstraksi................................................. | 18 |
|  | 2.8 | Metabolit sekunder......................................................... | 19 |
|  |  | 2.8.1 | Alkaloid.............................................................. | 19 |
|  |  | 2.8.2 | Saponin............................................................... | 19 |
|  |  | 2.8.3 | Tanin................................................................... | 20 |
|  |  | 2.8.4 | Flavanoid............................................................ | 20 |
|  |  | 2.8.5 | Steroida dan Triterpenoida................................. | 21 |
|  | 2.9 | Spektrofotometri Uv-vis................................................. | 21 |
|  | 2.10 | Uraian Bahan.................................................................. | 23 |
|  |  | 2.10.1 | Karbopol 940.................................................... | 23 |
|  |  | 2.10.2 | Trietanolamin (TEA)........................................ | 23 |
|  |  | 2.10.3 | Propilen glikol.................................................. | 24 |
|  |  | 2.10.4 | Metil Paraben................................................... | 24 |
|  |  | 2.10.5 | Propil Paraben.................................................. | 24 |
|  |  | 2.10.6 | Aquadest........................................................... | 25 |
|  | **2.11** | Cycling Test................................................................... | 25 |
| **BAB III** | **METODE PENELITIAN........................................................**  | **26** |
|  | 3.1 | Jenis dan Rancangan Penelitian........................................ | 26 |
|  |  | 3.1.1 | Variabel penelitian................................................ | 26 |
|  |  | 3.1.2 | Parameter penelitian.............................................. | 26 |
|  | 3.2 | Jadwal dan Lokasi penelitian............................................ | 27 |
|  |  | 3.2.1 | Jadwal penelitian................................................... | 27 |
|  |  | 3.2.2 | Lokasi penelitian................................................... | 27 |
|  | 3.3 | Alat ................................................................................... | 27 |
|  | 3.4 | Peralatan............................................................................ | 27 |
|  | 3.5 | Pembuatan Larutan Pereaksi............................................. | 27 |
|  |  | 3.5.1 | Larutan Pereaksi Bouchardat................................ | 27 |
|  |  | 3.5.2 | Larutan Pereaksi Mayer........................................ | 28 |
|  |  | 3.5.3 | Larutan Pereaksi Dragendrof................................ | 28 |
|  |  | 3.5.4 | Larutan Pereaksi Molish....................................... | 28 |
|  |  | 3.5.5 | Larutan Pereaksi Asam Klorida 2 N..................... | 28 |
|  |  | 3.5.6 | Larutan Pereaksi Liberman-Burchard................... | 28 |
|  |  | 3.5.7 | Larutan Pereaksi Besi (III) Klorida 1%................ | 28 |
|  |  | 3.5.8 | Larutan Pereaksi Natrium Hidroksida 2 N............ | 29 |
|  | 3.6 | Prosedur Penelitian dan Pengumpulan Data..................... | 29 |
|  |  | 3.6.1 | Pengumpulan Sampel............................................ | 29 |
|  |  | 3.6.2 | Uji Determinasi..................................................... | 29 |
|  |  | 3.6.3 | Pembuatan Simplisia............................................. | 29 |
|  |  | 3.6.4 | Karakterisasi Simplisia......................................... | 29 |
|  |  |  | 3.6.4.1 | Penetapan Kadar Air............................. | 29 |
|  |  |  | 3.6.4.2 | Penetapan Kadar Sari Larut Air........... | 30 |
|  |  |  | 3.6.4.3 | Penetapan Kadar Sari Larut Etanol...... | 31 |
|  |  |  | 3.6.4.4 | Penetapan Kadar Abu Total.................. | 31 |
|  |  |  | 3.6.4.5 | Penetapan Kadar Abu Tidak Larut Asam..................................................... | 31 |
|  |  | 3.6.5 | Pembuatan Ekstrak................................................ | 31 |
|  |  | 3.6.6 | Skrining Fitokimia................................................ | 32 |
|  |  |  | 3.6.6.1 | Pemeriksaan Alkaloid........................... | 32 |
|  |  |  | 3.6.6.2 | Pemeriksaan Flavanoid......................... | 33 |
|  |  |  | 3.6.6.3 | Pemeriksaan Tanin............................... | 33 |
|  |  |  | 3.6.6.4 | Pemeriksaan Saponin............................ | 33 |
|  |  |  | 3.6.6.5 | Pemeriksaan Steroid/Triterpenoid........ | 33 |
|  |  | 3.6.7 | Pembuatan Sediaan Gel Tabir Surya.................... | 34 |
|  |  | 3.6.8 | Evaluasi Sediaan Gel Tabir Surya........................ | 35 |
|  |  | 3.6.9 | Uji Sun Protection Action (SPF)........................... | 37 |
| **BAB IV** | **HASIL DAN PEMBAHASAN................................................** | **38** |
|  | 4.1 | Identifikasi Tumbuhan...................................................... | 38 |
|  | 4.2 | Pemeriksaan Karakterisasi Serbuk Simplisia................... | 38 |
|  | 4.3 | Hasil Ekstraksi Kulit dan Biji Kacang Tanah................... | 40 |
|  | 4.4 | Skrining Fitokimia............................................................ | 41 |
|  | 4.5 | Evaluasi Sediaan Gel Tabir Surya.................................... | 42 |
|  |  | 4.5.1 | Hasil uji organoleptis sediaan gel tabir surya....... | 42 |
|  |  | 4.5.2 | Hasil Uji Homogenitas.......................................... | 43 |
|  |  | 4.5.3 | Hasil Pengujian pH............................................... | 44 |
|  |  | 4.5.4 | Hasil Pengujian Viskositas................................... | 46 |
|  |  | 4.5.5 | Hasil Pengujian Daya Sebar.................................. | 48 |
|  |  | 4.5.6 | Hasil Pengujian Daya Lekat................................. | 50 |
|  | 4.6 | Penentuan Nilai SPF (*Sun Proctection Factor)*................ | 52 |
| **BAB V** | **KESIMPULAN DAN SARAN................................................** | **55** |
|  | 5.1 | Kesimpulan....................................................................... | 55 |
|  | 5.2 | Saran................................................................................. | 55 |
| **DAFTAR PUSTAKA..................................................................................** | **56** |
| **LAMPIRAN.................................................................................................** | **60** |

**DAFTAR TABEL**

 Halaman

|  |  |
| --- | --- |
| **Tabel 2.1** Ketetapan Nilai EE x I........................................................ | 14 |
| **Tabel 2.2** Efektivitas Tabir Surya (Maulida, 2015)............................ | 15 |
| **Tabel 3.1** Formula Gel Tabir Surya Ekstrak Kulit dan Biji Kacang Tanah.................................................................................. | 34 |
| **Tabel 4.1** Karakterisasi Simplisia Kulit Kacang Tanah...................... | 38 |
| **Tabel 4.2** Hasil pengujian skrining fitokimia...................................... | 41 |
| **Tabel 4.3** Hasil Uji Organoleptis Sediaan Gel Tabir Surya............... | 43 |
| **Tabel 4.4** Hasil Uji Homogenitas Sediaan Gel Tabir.......................... | 44 |
| **Tabel 4.5** Hasil Uji pH Sediaan Gel Tabir Surya................................ | 45 |
| **Tabel 4.6** Hasil Uji Viskositas Sediaan Gel Tabir Surya.................... | 47 |
| **Tabel 4.7** Hasil Uji Daya Sebar Sediaan Gel Tabir Surya.................. | 49 |
| **Tabel 4.8** Hasil Uji Daya Lekat Sediaan Gel Tabir Surya.................. | 51 |
| **Tabel 4.9** Hasil Nilai SPF Gel Tabir Surya......................................... | 52 |

**DAFTAR GAMBAR**

 Halaman

|  |  |
| --- | --- |
| **Gambar 2.1** Kacang Tanah (*Arachis hypogaea L.*)................................... | 6 |
| **Gambar 2.2** Anatomi Kulit........................................................................ | 10 |
| **Gambar 2.3** Diagram skematis spektrofotometer UV-Vis........................ | 22 |
| **Gambar 4.1** Grafik Pengujian pH Gel Tabir Surya................................... | 45 |
| **Gambar 4.2** Grafik Pengujian Viskositas Gel Tabir Surya...................... | 47 |
| **Gambar 4.3** Grafik Pengujian Daya Sebar Gel Tabir Surya..................... | 49 |
| **Gambar 4.4** Grafik Pengujian Daya Lekat Gel Tabir Surya..................... | 51 |
| **Gambar 4.5** Grafik Penentuan Nilai SPF Sediaan Gel Tabir Surya.......... | 53 |

**DAFTAR LAMPIRAN**

 Halaman

**Lampiran 1.** Surat Keterangan Uji Identifikasi Sampel .................................. 60

**Lampiran 2.** Bagan Alir Pembuatan Serbuk Simplisia .................................... 61

**Lampiran 3.** Bagan Alir Karakterisasi Simplisia ............................................. 62

**Lampiran 4.** Bagan Alir Pembuatan Ekstrak ................................................... 65

**Lampiran5.** Bagan Alir Skrining Fitokimia .................................................... 66

**Lampiran 6.** Skema Pembuatan Gel Tabir Surya ............................................. 67

**Lampiran 7.** Skema Pengujian Gel Tabir Surya ............................................... 68

**Lampiran 8.** Skema Uji Aktivitas Tabir Surya ................................................. 71

**Lampiran 9.** Dokumentasi kulit danbiji kacang tanah (*Arachis hipogeae*

L.) ............................................................................................... 72

**Lampiran 10.** Dokumentasi Serbuk dan Ekstrak Kulit dan Biji Kacang Tanah

 (*Arachis hypogeae* L.) ................................................................ 73

**Lampiran 11.** DokumentasiSkrining Fitokimia .............................................. 74

**Lampiran 12.** Alat Spektrofotometer UV-Vis ................................................ 76

**Lampiran 13.** Evaluasi Sediaan Gel Tabir Surya Kulit dan Biji Kacang

 Tanah (*Arachis hypogeae* L.).......................... ......................... 77

**Lampiran 14.** Penentuan nilai SPF...................... ............................................ 79

**Lampiran 15.** Perhitungan Rendemen Simplisia dan Rendemen Ekstrak ...... 84

**Lampiran 16.** Perhitungan Karakterisasi Simplisia ......................................... 85

**Lampiran 17.** Perhitungan nilai SPF ............................................................... 96

**Lampiran 18.** Data SPSS Uji Evaluasi Sediaan Gel Tabir Surya .................... 101

**Lampiran 19**. Data SPSS Penentuan Nilai *Sun Protection Factor*.................. 121