**ABSTRAK**

**UPAYA MENINGKATKAN SOSIAL EMOSIONAL**

**MELALUI KEGIATAN *MUSIC AND MOVEMENT* PADA**

**ANAK KELOMPOK B DI PAUD AL-MIRAH TANJUNG MORAWA**

**T.A 2021-2022**

**OLEH:**

**DEBORA JC HASIBUAN**

**NPM :181424009**

Permasalahan dalam penelitian ini adalah rendahnya kemampuan sosial emosional anak usia melalui kegiatan *music and movement*. Penelitian ini bertujuan untuk mengetahui peningkatan kemampuan sosial emosional anak usia dini melalui kegiatan *music and movement* pada anak kelompok B di PAUD Al-Mirah Tanjung Morawa. Penelitian ini adalah Penelitian Tindakan Kelas (Classroom Action Research). Empat tahap dalam penelitian tindakan kelas yaitu perencanaan (planning), tindakan (acting), observasi (observing), dan repleksi (reflecting). Subjek penelitian ini adalah anak kelompok seluruh anak usia dini kelompok B yang berjumlah 20orang. Objek penelitian adalah kemampuan sosial emosional anak usia dini melalui kegiatan *music and movement* pada kelompok B PAUD Al-Mirah Tanjung Morawa Tahun Ajaran 2021-2022. Metode pengumpulan data yang digunakan adalah observasi dan dokumentasi. Data dianalisis secara deskriptif kualitatif dan deskriptif kuantitatif. Hasil penelitian menunjukkan adanya peningkatan kemampuan sosial emosional anak meningkat melalui Kegiatan *music and movement*. Hal ini dibuktikan dengan adanya peningkatan rata-rata kemampuan sosial emosional anak melalui kegiatan *music and movement* pada pra siklus sebesar 22,6% meningkat menjadi 63,3% pada siklus I, dan mencapai 95% pada siklus II. Dengan demikian dapat disimpulkan bahwa kegiatan *music and movement* dapat meningkatkan sosial emosional anak usia dini PAUD Al-Mirah Tanjung Morawa.

***Kata kunci: Sosial Emosional, Music And Movement dan Kelompok B***

***ABSTRACT***

***AN EFFORTS TO IMPROVE SOCIAL AND EMOTIONAL THROUGH MUSIC AND MOVEMENT ACTIVITIES FOR GROUP B CHILDREN***

***AT PAUD AL-MIRAH TANJUNG MORAWA A.Y 2021-2022***

**DEBORA JC HASIBUAN**

**NPM :181424009**

*The problem in this research was the low social and emotional ability of children through music and movement activities. This research aims to determine the improvement of social emotional abilities of early childhood through music and movement activities in group B children at PAUD Al-Mirah Tanjung Morawa. This research was Classroom Action Research. The four stages of class action research are planning, acting, observation, and reflecting. The subjects of this research were children of the group of all early childhood group B which amounted to 20 people. The object of the research was the social emotional ability of early childhood through music and movement activities in group B of PAUD Al-Mirah Tanjung Morawa for the 2021-2022 Academic Year. The data collection methods used are observation and documentation. The data were analyzed descriptively qualitatively and descriptively quantitatively. The results showed that there was an increase in children's social and emotional abilities increased through music and movement activities. This was evidenced by the increase in the average social emotional ability of children through music and movement activities in the pre-cycle by 22.6% increased to 63.3% in cycle I, and reached 95% in cycle II. Thus, it can be concluded that music and movement activities can improve the social emotional of early childhood of PAUD Al-Mirah Tanjung Morawa.*

***Keywords: Social Emotional, Music and Movement and Group B***