**Lampiran 1**

**ANGKET PENELITIAN**

**PENGARUH LAYANAN BIMBINGAN KELOMPOK TERHADAP *SELF ESTEEM* SISWA SMK NEGERI 1 LUBUK PAKAM**

**TAHUN AJARAN 2019/2020**

A. Pentunjuk Pengisian Angket

Angket ini bukanlah suatu tes atau ujian, melainkan suatu alat untuk mendapatkan data guna mengungkapkan tentang *self esteem* siswa di sekolah. Adik-adik diminta untuk menjawab sejumlah pernyataan yang ada dengan menjawab sesuai dengan apa yang adik-adik rasakan dan adik-adik alami menyangkut *self esteem* adik-adik dirumah maupun di sekolah.

Berilah tanda Cheklist ( √ ) pada pernyataan sesuai dengan anda atau benar – benar anda alami. Adik-adik diharapkan menjawab dengan jujur dan sungguh-sungguh karena jawaban adik-adik tidak akan dinilai benar atau salah ataupun mempengaruhi nilai salah satu mata pelajaran anda di sekolah. Jawaban adik-adik sepenuhnya akan dirahasiakan dan dipergunakan untuk mengungkapkan kualitas pendapat adik-adik dan semata-mata untuk kepentingan penelitian.

Contoh Pengisian :

|  |  |  |  |
| --- | --- | --- | --- |
| No | Pernyataan | Jawaban | |
| Ya | Tidak |
| 1 | Saya dapat menerima pembagian kelompok yang telah di buat guru |  | √ |
| 2 | Saya telah berusaha semaksimal mungkin untuk telibat dalam diskusi kelompok | √ |  |
| 3 | Saya setuju jika dalam satu kelompok dibagi berdasarkan tingkat yang pintar digabung dengan yang agak lemah IQ nya |  | √ |

**DAFTAR PERTANYAAN**

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| --- | --- | --- | --- |
| No | Pernyataan | Jawaban | |
| Ya | Tidak |
| 1 | Saya dapat menerima pembagian kelompok yang telah di buat guru |  |  |
| 2 | Saya kecewa dengan pembagian kelompok yang telah di buat guru |  |  |
| 3 | Saya berupaya terlibat dalam diskusi kelompok |  |  |
| 4 | Saya menyampaikan pesan menarik dari hasil diskusi kelompok |  |  |
| 5 | Saya mengambil kesan yang positif dari diskusi kelompok |  |  |
| 6 | Saya suka dalam kelompok digabung dengan yang agak lemah IQ nya |  |  |
| 7 | Saya mengenal karakter anggota kelompok |  |  |
| 8 | Saya saling berkomunikasi tentang masalah yang diberikan |  |  |
| 9 | Saya dan teman sekelompok sependapat dalam membuat rencana |  |  |
| 10 | Saya dan teman satu kelompok membuat rencana dalam menyelesaikan masalah yang diberikan |  |  |
| 11 | Saya saling berkomunikasi dengan teman untuk masuk pada tahap kegiatan selanjutnya |  |  |
| 12 | Saya berusaha sendiri mencari jawaban dari masalah yang ada |  |  |
| 13 | Saya memimpin pembahasan masalah yang diberikan |  |  |
| 14 | Saya mengajak seluruh anggota untuk ikut serta berpendapat |  |  |
| 15 | Saya perlu untuk kembali pada tahap awal, jika tidak menemukan satu pendapat |  |  |
| 16 | Saya membuka diri untuk menerima pendapat teman satu kelompok |  |  |
| 17 | Saya berupaya menceritakan masalah dengan teratur |  |  |
| 18 | Saya dan anggota kelompok yang lain mengemukakan pendapat tentang topik bahasan |  |  |
| 19 | Saya terlebih dahulu menetapkan masalah yang dibahas dalam kelompok |  |  |
| 20 | Saya mengajak teman satu kelompok untuk aktif menceritakan masalah |  |  |
| 21 | Saya meminta pendapat teman satu kelompok berkenaan dengan masalah yang dibahas |  |  |
| 22 | Saya mendengar pendapat teman untuk menemukan solusi masalah |  |  |
| 23 | Saya membuat program kegiatan kelompok |  |  |
| 24 | Saya mencari solusi dari masalah yang ada |  |  |
| 25 | Saya punya inisiatif sendiri dalam menyatukan pendapat teman |  |  |
| 26 | Saya memperhatikan guru yang sedang menjelaskan agar bisa mencari solusi masalah yang akan dibahas |  |  |
| 27 | Saya lebih giat dalam mencari pendapat yang bisa disatukan |  |  |
| 28 | Saya mengambil keputusan berdasarkan dengan pendapat terbaik |  |  |
| 29 | Saya berusaha menjawab pertanyaan teman dan menentukan keputusan |  |  |
| 30 | Saya dan teman satu kelompok menyelesaikan tahap demi tahap baru menentukan keputusan terbaik |  |  |
| 31 | Saya mencari jawaban yang benar dari semua pendapat teman untuk menentukan Keputusan |  |  |
| 32 | Saya berharap diskusi kelompok membuat cakrawala berpikir saya lebih terbuka |  |  |
| 33 | Saya menganalisis masalah yang ditemui untuk dapat diambil manfaatnya untuk kehidupan |  |  |
| 34 | Saya dan anggota kelompok mencari pesan yang didapat dari topik yang dibahas |  |  |
| 35 | Saya mencari buku-buku lain yang berkaitan dengan topik yang dibahas |  |  |
| 36 | Saya menyampaikan tahapan akhir dari penyelesaian topik |  |  |
| 37 | Saya dan anggota kelompok saling mengemukakan kesan dari hasil diskusi |  |  |
| 38 | Saya dan anggota kelompok menentukan kegiatan lanjutan setelah pembahasan topik |  |  |
| 39 | Saya mengajak teman satu kelompok untuk menentukan hasil dari diskusi kelompok |  |  |
| 40 | Saya dan anggota kelompok saling mengemukakan pesan dan harapan dari bahasan |  |  |

1. **SELF ESTEEM**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| No | Pernyataan | SS | S | R | TS | STS |
| 1 | Saya menghabiskan waktu saya untuk melamun |  |  |  |  |  |
| 2 | Saya mudah disukai orang lain |  |  |  |  |  |
| 3 | Saya tidak pernah khawatir secara berlebihan soal apapun |  |  |  |  |  |
| 4 | Saya bisa mengutarakan pendapat saya, tanpa terlalu banyak masalah. |  |  |  |  |  |
| 5 | Saya mudah merasa kecewa di rumah |  |  |  |  |  |
| 6 | Saya bangga terhadap prestasi akademik di sekolah |  |  |  |  |  |
| 7 | Saya merasa popular/terkenal di lingkungan teman sebaya |  |  |  |  |  |
| 8 | Saya mudah menyerah |  |  |  |  |  |
| 9 | Saya merasa tidak menjadi orang yang gagal |  |  |  |  |  |
| 10 | Saya menerima keadaan diri apa adanya |  |  |  |  |  |
| 11 | Terkadang saya merasa, saya orang yang tidak baik |  |  |  |  |  |
| 12 | Saya cukup bahagia |  |  |  |  |  |
| 13 | Saya berharap saya dapat lebih dihargai |  |  |  |  |  |
| 14 | Saya lebih memilih bergaul dengan orang yang lebih muda dari saya |  |  |  |  |  |
| 15 | Orang tua saya banyak berharap pada saya |  |  |  |  |  |
| 16 | Saya menyukai semua orang yang saya kenal |  |  |  |  |  |
| 17 | Saya senang menjadi seorang figur di dalam kelas |  |  |  |  |  |
| 18 | Saya memahami diri saya |  |  |  |  |  |
| 19 | Saya memiliki sejumlah kualitas yang baik pada diri saya sendiri |  |  |  |  |  |
| 20 | Saya memiliki sikap positif pada diri saya sendiri |  |  |  |  |  |
| 21 | Sangat menyenangkan berpikir tentang saya |  |  |  |  |  |
| 22 | Hidup saya berantakan |  |  |  |  |  |
| 23 | Teman-teman selalu mengikuti ide saya |  |  |  |  |  |
| 24 | Tak ada satu orangpun yang perduli dengan saya di rumah |  |  |  |  |  |
| 25 | Saya tidak terlalu baik di sekolah dan tidak seperti apa yag saya harapkan |  |  |  |  |  |
| 26 | Saya dapat mengutarakan pendapat dan berpegang kuat pada pendapat itu |  |  |  |  |  |
| 27 | Saya tidak senang berada diantara orang lain |  |  |  |  |  |
| 28 | Saya tidak peduli atas apa yang terjadi pada diri saya |  |  |  |  |  |
| 29 | Orang lain lebih baik daripada saya |  |  |  |  |  |
| 30 | Saya sering merasakan, seakan-akan orang tua saya sedang menghukum saya |  |  |  |  |  |
| 31 | Saya mudah putus asa |  |  |  |  |  |
| 32 | Saya lebih senang menyendiri daripada dikeramaian |  |  |  |  |  |
| 33 | Saya malas berinteraksi dengan orang disekitar saya |  |  |  |  |  |
| 34 | Saya mengerti apa yang dikatakan orang lain |  |  |  |  |  |
| 35 | Saya tidak menarik seperti orang lain |  |  |  |  |  |
| 36 | Saya biasanya diarahkan orang lain |  |  |  |  |  |
| 37 | Saya mampu menerima pelajaran yang disampaikan para pengajar |  |  |  |  |  |
| 38 | Saya mampu memecah masalah |  |  |  |  |  |
| 39 | Saya mampu melakukan banyak hal, seperti orang lain melakukannya |  |  |  |  |  |
| 40 | Saya merasa tidak memiliki banyak hal yang bisa saya banggakan pada diri saya sendiri |  |  |  |  |  |

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| No  LAMPIRAN 2 TABULASI UJI COBA VALIDITAS DAN RELIABILITAS | SELF ESTEEM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | Jlh |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 |
| 1 | 2 | 4 | 4 | 3 | 2 | 3 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 4 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 4 | 2 | 2 | 93 |
| 2 | 2 | 3 | 4 | 2 | 2 | 2 | 3 | 2 | 2 | 4 | 2 | 3 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 1 | 4 | 2 | 4 | 2 | 2 | 1 | 2 | 2 | 2 | 1 | 1 | 1 | 2 | 1 | 4 | 1 | 2 | 4 | 4 | 3 | 92 |
| 3 | 3 | 2 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 3 | 4 | 3 | 3 | 2 | 3 | 3 | 3 | 2 | 2 | 4 | 3 | 2 | 3 | 4 | 3 | 4 | 4 | 2 | 118 |
| 4 | 2 | 4 | 4 | 3 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 4 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 4 | 2 | 3 | 3 | 2 | 94 |
| 5 | 2 | 2 | 4 | 4 | 2 | 4 | 3 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 4 | 3 | 2 | 2 | 2 | 4 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 4 | 3 | 4 | 3 | 4 | 2 | 4 | 3 | 2 | 106 |
| 6 | 3 | 4 | 3 | 4 | 3 | 4 | 1 | 3 | 3 | 2 | 3 | 4 | 3 | 3 | 3 | 4 | 4 | 3 | 4 | 3 | 4 | 3 | 1 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 4 | 5 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 133 |
| 7 | 2 | 4 | 4 | 2 | 2 | 3 | 2 | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 3 | 2 | 5 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 4 | 2 | 3 | 2 | 2 | 4 | 4 | 2 | 99 |
| 8 | 2 | 4 | 4 | 4 | 2 | 3 | 3 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 3 | 3 | 4 | 3 | 3 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 3 | 3 | 3 | 4 | 3 | 3 | 2 | 4 | 3 | 2 | 4 | 3 | 109 |
| 9 | 3 | 4 | 3 | 3 | 3 | 4 | 1 | 3 | 3 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 4 | 3 | 1 | 3 | 4 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 4 | 3 | 3 | 2 | 4 | 4 | 4 | 4 | 4 | 128 |
| 10 | 2 | 3 | 3 | 3 | 2 | 3 | 3 | 2 | 2 | 2 | 2 | 3 | 3 | 2 | 2 | 3 | 3 | 2 | 2 | 3 | 2 | 2 | 3 | 2 | 2 | 3 | 2 | 2 | 2 | 3 | 2 | 3 | 3 | 2 | 1 | 3 | 2 | 2 | 2 | 3 | 96 |
| 11 | 2 | 3 | 3 | 3 | 2 | 2 | 3 | 2 | 2 | 3 | 2 | 3 | 3 | 2 | 2 | 2 | 3 | 3 | 4 | 3 | 3 | 2 | 3 | 2 | 2 | 3 | 2 | 2 | 4 | 3 | 3 | 3 | 4 | 3 | 4 | 4 | 4 | 3 | 4 | 3 | 113 |
| 12 | 1 | 4 | 4 | 4 | 2 | 4 | 4 | 1 | 1 | 4 | 1 | 4 | 4 | 1 | 1 | 4 | 4 | 4 | 3 | 4 | 2 | 1 | 5 | 1 | 1 | 4 | 1 | 1 | 3 | 4 | 4 | 4 | 3 | 4 | 3 | 3 | 3 | 2 | 2 | 4 | 114 |
| 13 | 1 | 3 | 4 | 4 | 1 | 4 | 3 | 1 | 1 | 4 | 1 | 3 | 4 | 1 | 1 | 4 | 3 | 4 | 3 | 4 | 1 | 1 | 4 | 1 | 1 | 4 | 1 | 1 | 3 | 4 | 3 | 2 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 103 |
| 14 | 3 | 3 | 3 | 4 | 3 | 4 | 3 | 3 | 3 | 4 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 5 | 4 | 3 | 3 | 4 | 3 | 3 | 3 | 3 | 129 |
| 15 | 1 | 3 | 3 | 3 | 2 | 3 | 1 | 1 | 1 | 1 | 1 | 3 | 3 | 1 | 1 | 3 | 3 | 3 | 3 | 2 | 2 | 1 | 1 | 1 | 1 | 2 | 1 | 1 | 3 | 2 | 4 | 4 | 4 | 4 | 3 | 4 | 3 | 5 | 3 | 3 | 94 |
| 16 | 2 | 2 | 4 | 4 | 2 | 3 | 2 | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 5 | 2 | 4 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 4 | 2 | 2 | 4 | 2 | 2 | 4 | 2 | 2 | 99 |
| 17 | 2 | 2 | 3 | 2 | 2 | 2 | 3 | 2 | 2 | 3 | 2 | 2 | 3 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 3 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 5 | 4 | 2 | 3 | 4 | 2 | 3 | 3 | 2 | 98 |
| 18 | 4 | 3 | 4 | 3 | 1 | 3 | 3 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 3 | 4 | 3 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 3 | 2 | 4 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 135 |
| 19 | 2 | 2 | 3 | 4 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 4 | 4 | 4 | 4 | 3 | 4 | 2 | 3 | 3 | 2 | 100 |
| 20 | 2 | 4 | 4 | 4 | 2 | 4 | 2 | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 1 | 2 | 4 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 4 | 2 | 2 | 4 | 2 | 2 | 4 | 4 | 2 | 101 |
| 21 | 2 | 4 | 4 | 2 | 2 | 2 | 2 | 2 | 4 | 4 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 4 | 2 | 4 | 4 | 4 | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 4 | 2 | 4 | 4 | 2 | 106 |
| 22 | 2 | 2 | 4 | 4 | 4 | 4 | 2 | 2 | 3 | 3 | 2 | 2 | 2 | 4 | 4 | 4 | 2 | 2 | 2 | 2 | 1 | 4 | 3 | 3 | 3 | 2 | 2 | 3 | 2 | 2 | 4 | 2 | 2 | 4 | 3 | 4 | 2 | 2 | 3 | 2 | 109 |
| 23 | 3 | 2 | 4 | 4 | 4 | 2 | 2 | 3 | 4 | 4 | 3 | 2 | 3 | 4 | 4 | 4 | 2 | 3 | 2 | 3 | 3 | 4 | 4 | 4 | 4 | 3 | 3 | 1 | 2 | 3 | 2 | 4 | 3 | 2 | 4 | 3 | 2 | 4 | 2 | 2 | 121 |
| 24 | 2 | 4 | 2 | 4 | 4 | 4 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 4 | 4 | 4 | 2 | 2 | 3 | 3 | 3 | 4 | 2 | 2 | 2 | 3 | 2 | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 2 | 3 | 3 | 2 | 2 | 2 | 110 |
| 25 | 3 | 3 | 3 | 4 | 4 | 4 | 3 | 3 | 4 | 4 | 3 | 3 | 3 | 4 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 4 | 4 | 3 | 3 | 4 | 3 | 3 | 4 | 2 | 3 | 4 | 4 | 3 | 3 | 3 | 4 | 3 | 136 |
| 26 | 2 | 4 | 2 | 4 | 4 | 4 | 2 | 2 | 5 | 5 | 2 | 2 | 2 | 4 | 4 | 4 | 2 | 2 | 3 | 3 | 3 | 4 | 5 | 5 | 5 | 3 | 2 | 3 | 3 | 3 | 2 | 2 | 3 | 2 | 2 | 2 | 3 | 3 | 2 | 2 | 121 |
| 27 | 4 | 3 | 4 | 4 | 4 | 4 | 3 | 4 | 5 | 5 | 4 | 3 | 4 | 4 | 4 | 4 | 3 | 4 | 2 | 3 | 3 | 4 | 5 | 5 | 5 | 3 | 4 | 3 | 2 | 3 | 3 | 4 | 4 | 3 | 4 | 4 | 2 | 4 | 4 | 3 | 147 |
| 28 | 3 | 3 | 3 | 2 | 2 | 2 | 3 | 3 | 5 | 5 | 3 | 3 | 3 | 2 | 2 | 2 | 3 | 3 | 2 | 4 | 4 | 2 | 5 | 5 | 5 | 4 | 3 | 4 | 2 | 4 | 2 | 2 | 4 | 2 | 2 | 4 | 2 | 5 | 4 | 3 | 126 |
| 29 | 2 | 4 | 2 | 2 | 3 | 2 | 2 | 2 | 5 | 5 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 4 | 4 | 2 | 5 | 5 | 5 | 4 | 2 | 3 | 2 | 4 | 4 | 4 | 2 | 4 | 3 | 3 | 2 | 3 | 3 | 2 | 117 |
| 30 | 2 | 4 | 4 | 4 | 3 | 2 | 1 | 2 | 3 | 3 | 2 | 3 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 3 | 4 | 2 | 3 | 3 | 3 | 3 | 2 | 3 | 2 | 3 | 3 | 2 | 5 | 3 | 3 | 3 | 2 | 5 | 3 | 3 | 111 |

LAMPIRAN 3 TABULASI JAWABAN RESPONDEN UNTUK UJI HIPOTESIS

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| No | SELF ESTEEM (PRE TEST) | | | | | | | | | | | | | | | | | | | | | | | | | | | Jlh |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 1 | 2 | 4 | 4 | 3 | 3 | 3 | 4 | 3 | 3 | 2 | 3 | 2 | 4 | 4 | 3 | 2 | 3 | 2 | 3 | 4 | 5 | 3 | 2 | 4 | 4 | 2 | 2 | 83 |
| 2 | 4 | 3 | 2 | 3 | 2 | 4 | 2 | 2 | 3 | 3 | 4 | 2 | 2 | 2 | 2 | 2 | 4 | 4 | 4 | 4 | 2 | 3 | 3 | 2 | 2 | 2 | 2 | 74 |
| 3 | 3 | 4 | 4 | 2 | 2 | 4 | 4 | 2 | 3 | 2 | 2 | 2 | 2 | 4 | 3 | 4 | 3 | 3 | 4 | 4 | 2 | 3 | 3 | 4 | 4 | 2 | 2 | 81 |
| 4 | 3 | 3 | 2 | 2 | 3 | 4 | 4 | 3 | 2 | 3 | 4 | 2 | 5 | 2 | 3 | 3 | 3 | 4 | 4 | 4 | 2 | 3 | 2 | 3 | 2 | 2 | 2 | 79 |
| 5 | 1 | 2 | 3 | 1 | 3 | 4 | 4 | 3 | 2 | 3 | 2 | 2 | 5 | 4 | 3 | 3 | 3 | 4 | 3 | 2 | 3 | 3 | 2 | 2 | 1 | 2 | 1 | 71 |
| 6 | 2 | 2 | 2 | 2 | 3 | 3 | 4 | 3 | 3 | 2 | 2 | 2 | 4 | 2 | 4 | 2 | 2 | 2 | 2 | 4 | 3 | 4 | 2 | 3 | 4 | 3 | 2 | 73 |
| 7 | 3 | 3 | 3 | 4 | 1 | 4 | 4 | 4 | 4 | 3 | 4 | 2 | 4 | 4 | 2 | 3 | 4 | 4 | 3 | 2 | 4 | 2 | 3 | 3 | 4 | 2 | 2 | 85 |
| 8 | 1 | 5 | 3 | 2 | 2 | 2 | 4 | 2 | 2 | 4 | 3 | 2 | 3 | 2 | 4 | 2 | 2 | 2 | 2 | 4 | 3 | 3 | 3 | 4 | 4 | 2 | 2 | 74 |
| 9 | 3 | 2 | 2 | 3 | 1 | 3 | 3 | 3 | 3 | 2 | 3 | 2 | 2 | 4 | 3 | 2 | 4 | 3 | 4 | 3 | 4 | 3 | 3 | 4 | 4 | 4 | 3 | 80 |
| 10 | 2 | 5 | 1 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 2 | 2 | 2 | 2 | 4 | 2 | 3 | 3 | 3 | 2 | 2 | 2 | 2 | 81 |
| 11 | 3 | 4 | 4 | 5 | 3 | 4 | 4 | 3 | 3 | 3 | 4 | 2 | 3 | 2 | 2 | 2 | 2 | 4 | 2 | 2 | 4 | 2 | 2 | 4 | 4 | 3 | 3 | 83 |
| 12 | 1 | 2 | 2 | 4 | 3 | 3 | 3 | 4 | 4 | 2 | 5 | 2 | 3 | 4 | 3 | 4 | 4 | 4 | 4 | 2 | 3 | 3 | 2 | 3 | 4 | 4 | 3 | 85 |
| 13 | 2 | 4 | 3 | 3 | 4 | 4 | 3 | 3 | 3 | 3 | 4 | 3 | 4 | 3 | 4 | 3 | 3 | 4 | 4 | 3 | 4 | 3 | 2 | 3 | 3 | 2 | 3 | 87 |
| 14 | 3 | 2 | 4 | 5 | 4 | 3 | 4 | 4 | 4 | 3 | 2 | 3 | 4 | 2 | 3 | 3 | 4 | 4 | 2 | 2 | 4 | 3 | 2 | 3 | 4 | 4 | 3 | 88 |
| 15 | 2 | 4 | 3 | 4 | 3 | 4 | 4 | 3 | 3 | 3 | 5 | 3 | 4 | 3 | 2 | 3 | 4 | 3 | 4 | 3 | 4 | 2 | 3 | 4 | 3 | 3 | 4 | 90 |
| 16 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 4 | 3 | 2 | 3 | 3 | 2 | 3 | 3 | 3 | 2 | 3 | 4 | 3 | 4 | 3 | 3 | 4 | 79 |
| 17 | 2 | 3 | 2 | 3 | 3 | 3 | 4 | 2 | 3 | 3 | 4 | 2 | 4 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 2 | 3 | 2 | 4 | 4 | 3 | 3 | 79 |
| 18 | 4 | 4 | 2 | 3 | 2 | 3 | 4 | 3 | 3 | 3 | 3 | 2 | 2 | 4 | 4 | 4 | 4 | 5 | 5 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 2 | 88 |
| 19 | 4 | 3 | 2 | 2 | 3 | 4 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 4 | 4 | 5 | 5 | 5 | 5 | 3 | 2 | 2 | 3 | 3 | 2 | 2 | 2 | 85 |
| 20 | 2 | 2 | 2 | 4 | 3 | 4 | 3 | 4 | 4 | 2 | 4 | 3 | 3 | 3 | 3 | 4 | 4 | 4 | 3 | 3 | 3 | 2 | 2 | 2 | 4 | 2 | 2 | 81 |
| 21 | 4 | 4 | 5 | 2 | 3 | 2 | 2 | 3 | 3 | 2 | 4 | 3 | 2 | 4 | 3 | 3 | 3 | 5 | 3 | 3 | 3 | 2 | 2 | 3 | 3 | 3 | 4 | 83 |
| 22 | 2 | 4 | 1 | 3 | 3 | 2 | 3 | 2 | 3 | 3 | 3 | 3 | 5 | 4 | 5 | 4 | 5 | 3 | 4 | 2 | 2 | 2 | 4 | 2 | 4 | 2 | 2 | 82 |
| 23 | 1 | 2 | 2 | 1 | 1 | 1 | 4 | 2 | 2 | 2 | 4 | 2 | 3 | 3 | 3 | 3 | 4 | 4 | 4 | 3 | 2 | 2 | 4 | 4 | 2 | 2 | 2 | 69 |
| 24 | 2 | 2 | 2 | 2 | 3 | 1 | 2 | 2 | 3 | 2 | 5 | 3 | 3 | 4 | 4 | 4 | 4 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 4 | 2 | 2 | 74 |
| 25 | 2 | 2 | 1 | 4 | 2 | 3 | 4 | 2 | 4 | 2 | 2 | 3 | 4 | 4 | 5 | 5 | 4 | 4 | 4 | 3 | 3 | 3 | 4 | 4 | 4 | 2 | 2 | 86 |
| 26 | 3 | 2 | 4 | 4 | 3 | 2 | 3 | 2 | 3 | 5 | 2 | 3 | 4 | 4 | 4 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 2 | 3 | 86 |
| 27 | 3 | 4 | 2 | 2 | 3 | 3 | 4 | 2 | 3 | 4 | 4 | 3 | 4 | 2 | 2 | 2 | 4 | 2 | 2 | 3 | 2 | 2 | 3 | 4 | 3 | 3 | 3 | 78 |
| 28 | 3 | 4 | 3 | 4 | 2 | 3 | 3 | 3 | 2 | 3 | 3 | 2 | 3 | 4 | 4 | 3 | 3 | 4 | 4 | 2 | 4 | 3 | 2 | 4 | 3 | 3 | 3 | 84 |
| 29 | 2 | 2 | 3 | 4 | 1 | 1 | 2 | 2 | 2 | 3 | 4 | 2 | 3 | 3 | 3 | 3 | 4 | 4 | 4 | 2 | 2 | 2 | 4 | 4 | 2 | 3 | 3 | 74 |
| 30 | 2 | 4 | 2 | 4 | 2 | 2 | 2 | 1 | 2 | 4 | 5 | 2 | 3 | 3 | 3 | 3 | 4 | 4 | 4 | 3 | 4 | 2 | 4 | 4 | 4 | 2 | 3 | 82 |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| No | SELF ESTEEM (POST TEST) | | | | | | | | | | | | | | | | | | | | | | | | | | | Jlh |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 1 | 4 | 2 | 4 | 2 | 5 | 4 | 1 | 4 | 3 | 5 | 3 | 4 | 4 | 4 | 5 | 4 | 3 | 2 | 3 | 4 | 1 | 4 | 5 | 5 | 4 | 4 | 4 | 97 |
| 2 | 4 | 2 | 4 | 1 | 5 | 4 | 2 | 2 | 3 | 4 | 4 | 4 | 5 | 4 | 4 | 4 | 1 | 2 | 2 | 4 | 2 | 4 | 4 | 4 | 5 | 5 | 4 | 93 |
| 3 | 5 | 2 | 4 | 1 | 4 | 4 | 4 | 4 | 3 | 2 | 2 | 2 | 2 | 4 | 3 | 4 | 2 | 2 | 2 | 4 | 2 | 3 | 3 | 4 | 4 | 4 | 4 | 84 |
| 4 | 5 | 3 | 5 | 2 | 5 | 4 | 2 | 4 | 2 | 3 | 4 | 2 | 5 | 2 | 4 | 3 | 2 | 2 | 2 | 4 | 2 | 4 | 4 | 4 | 4 | 5 | 4 | 92 |
| 5 | 4 | 2 | 4 | 2 | 4 | 4 | 1 | 4 | 2 | 3 | 2 | 2 | 5 | 4 | 4 | 3 | 3 | 2 | 1 | 5 | 3 | 5 | 5 | 4 | 4 | 4 | 4 | 90 |
| 6 | 4 | 2 | 4 | 2 | 5 | 3 | 2 | 4 | 3 | 2 | 2 | 2 | 4 | 2 | 4 | 2 | 2 | 2 | 2 | 4 | 3 | 4 | 5 | 5 | 4 | 4 | 5 | 87 |
| 7 | 5 | 2 | 4 | 2 | 4 | 4 | 2 | 4 | 4 | 3 | 1 | 2 | 4 | 4 | 2 | 3 | 1 | 1 | 1 | 2 | 2 | 2 | 3 | 3 | 4 | 4 | 5 | 78 |
| 8 | 4 | 2 | 3 | 2 | 5 | 2 | 2 | 4 | 2 | 4 | 3 | 2 | 3 | 2 | 4 | 2 | 2 | 2 | 2 | 4 | 3 | 3 | 3 | 4 | 4 | 4 | 5 | 82 |
| 9 | 4 | 2 | 4 | 2 | 5 | 3 | 3 | 3 | 3 | 2 | 3 | 2 | 2 | 4 | 5 | 2 | 2 | 3 | 1 | 3 | 1 | 3 | 3 | 4 | 4 | 4 | 5 | 82 |
| 10 | 4 | 2 | 4 | 2 | 5 | 4 | 2 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 2 | 2 | 2 | 2 | 1 | 4 | 1 | 4 | 4 | 5 | 5 | 4 | 5 | 90 |
| 11 | 4 | 2 | 4 | 2 | 5 | 4 | 2 | 4 | 3 | 3 | 4 | 2 | 3 | 2 | 5 | 2 | 2 | 1 | 2 | 2 | 2 | 4 | 4 | 4 | 4 | 5 | 4 | 85 |
| 12 | 4 | 2 | 2 | 2 | 5 | 4 | 3 | 5 | 4 | 2 | 2 | 2 | 3 | 4 | 3 | 4 | 2 | 1 | 2 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 5 | 88 |
| 13 | 4 | 1 | 4 | 2 | 5 | 4 | 3 | 5 | 3 | 3 | 2 | 3 | 4 | 3 | 4 | 3 | 3 | 2 | 2 | 4 | 1 | 4 | 4 | 4 | 5 | 2 | 3 | 87 |
| 14 | 4 | 2 | 4 | 2 | 5 | 3 | 4 | 4 | 4 | 3 | 2 | 3 | 4 | 2 | 3 | 3 | 2 | 2 | 2 | 4 | 1 | 5 | 5 | 5 | 4 | 4 | 5 | 91 |
| 15 | 4 | 1 | 4 | 2 | 5 | 4 | 1 | 4 | 3 | 3 | 5 | 3 | 4 | 3 | 2 | 3 | 2 | 3 | 2 | 4 | 1 | 2 | 3 | 4 | 3 | 3 | 4 | 82 |
| 16 | 2 | 2 | 4 | 2 | 5 | 3 | 3 | 3 | 3 | 2 | 4 | 3 | 2 | 3 | 3 | 2 | 3 | 3 | 3 | 2 | 3 | 4 | 3 | 4 | 3 | 3 | 4 | 81 |
| 17 | 4 | 2 | 4 | 1 | 4 | 3 | 1 | 4 | 3 | 3 | 4 | 2 | 4 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 2 | 3 | 2 | 4 | 4 | 3 | 3 | 80 |
| 18 | 4 | 2 | 5 | 2 | 5 | 3 | 1 | 4 | 3 | 3 | 3 | 2 | 2 | 4 | 4 | 4 | 4 | 5 | 1 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 2 | 85 |
| 19 | 4 | 1 | 4 | 2 | 5 | 4 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 4 | 4 | 5 | 5 | 5 | 2 | 3 | 2 | 4 | 3 | 3 | 2 | 4 | 4 | 90 |
| 20 | 4 | 2 | 4 | 1 | 4 | 4 | 3 | 3 | 4 | 2 | 4 | 3 | 3 | 3 | 3 | 4 | 4 | 4 | 3 | 3 | 2 | 4 | 2 | 2 | 4 | 4 | 4 | 87 |
| 21 | 4 | 1 | 4 | 2 | 5 | 2 | 2 | 2 | 3 | 2 | 4 | 3 | 2 | 4 | 3 | 3 | 3 | 5 | 3 | 3 | 3 | 4 | 2 | 3 | 3 | 3 | 4 | 82 |
| 22 | 4 | 1 | 4 | 1 | 5 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 5 | 4 | 5 | 4 | 2 | 3 | 4 | 2 | 2 | 5 | 4 | 2 | 4 | 2 | 2 | 87 |
| 23 | 3 | 1 | 4 | 2 | 4 | 4 | 1 | 4 | 2 | 2 | 4 | 2 | 3 | 3 | 3 | 3 | 2 | 4 | 4 | 3 | 2 | 2 | 4 | 4 | 2 | 2 | 2 | 76 |
| 24 | 4 | 2 | 4 | 2 | 5 | 4 | 2 | 2 | 3 | 2 | 5 | 3 | 3 | 4 | 4 | 4 | 1 | 3 | 3 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 90 |
| 25 | 4 | 2 | 4 | 2 | 5 | 3 | 1 | 4 | 4 | 2 | 2 | 3 | 4 | 4 | 5 | 5 | 1 | 4 | 4 | 3 | 2 | 3 | 4 | 4 | 4 | 4 | 4 | 91 |
| 26 | 4 | 2 | 5 | 1 | 4 | 4 | 3 | 3 | 3 | 5 | 2 | 3 | 4 | 4 | 4 | 4 | 1 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 2 | 3 | 86 |
| 27 | 4 | 1 | 4 | 2 | 5 | 3 | 4 | 4 | 3 | 4 | 4 | 3 | 4 | 2 | 2 | 2 | 1 | 2 | 2 | 3 | 2 | 2 | 3 | 4 | 3 | 3 | 3 | 79 |
| 28 | 4 | 1 | 5 | 1 | 4 | 3 | 3 | 3 | 2 | 3 | 3 | 2 | 3 | 4 | 4 | 3 | 3 | 4 | 4 | 2 | 2 | 3 | 4 | 4 | 4 | 4 | 4 | 86 |
| 29 | 4 | 2 | 4 | 2 | 5 | 4 | 2 | 2 | 2 | 3 | 4 | 2 | 3 | 3 | 3 | 3 | 2 | 4 | 4 | 2 | 2 | 2 | 4 | 4 | 2 | 3 | 3 | 80 |
| 30 | 4 | 1 | 4 | 2 | 5 | 4 | 2 | 4 | 2 | 4 | 5 | 2 | 3 | 3 | 3 | 3 | 2 | 4 | 4 | 3 | 2 | 2 | 4 | 4 | 4 | 2 | 4 | 86 |

LAMPIRAN 4 HASIL UJI VALIDITAS DAN RELIABILITAS

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Correlations** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | | Q1 | Q2 | Q3 | Q4 | Q5 | Q6 | Q7 | Q8 | Q9 | Q10 | Q11 | Q12 | Q13 | Q14 | Q15 | Q16 | Q17 | Q18 | Q19 | Q20 | Q21 | Q22 | Q23 | Q24 | Q25 | Q26 | Q27 | Self Esteem |
| Q1 | Pearson Correlation | 1 | ,523\*\* | ,578\*\* | ,621\*\* | ,988\*\* | ,631\*\* | ,532\*\* | -,008 | ,099 | ,530\*\* | ,530\*\* | ,578\*\* | ,576\*\* | ,124 | -,059 | ,393\* | ,567\*\* | ,974\*\* | ,974\*\* | ,397\* | ,576\*\* | ,681\*\* | -,059 | ,397\* | ,576\*\* | -,059 | ,000 | ,791\*\* |
| Sig. (2-tailed) |  | ,003 | ,001 | ,000 | ,000 | ,000 | ,002 | ,967 | ,604 | ,003 | ,003 | ,001 | ,001 | ,512 | ,758 | ,032 | ,001 | ,000 | ,000 | ,030 | ,001 | ,000 | ,758 | ,030 | ,001 | ,758 | 1,000 | ,000 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q2 | Pearson Correlation | ,523\*\* | 1 | ,258 | ,338 | ,524\*\* | ,142 | ,222 | -,127 | -,144 | ,723\*\* | ,723\*\* | ,258 | ,271 | -,107 | ,083 | ,014 | ,755\*\* | ,490\*\* | ,490\*\* | ,039 | ,271 | ,312 | ,083 | ,039 | ,271 | ,083 | -,091 | ,477\*\* |
| Sig. (2-tailed) | ,003 |  | ,169 | ,067 | ,003 | ,455 | ,238 | ,505 | ,449 | ,000 | ,000 | ,169 | ,148 | ,574 | ,665 | ,942 | ,000 | ,006 | ,006 | ,839 | ,148 | ,094 | ,665 | ,839 | ,148 | ,665 | ,633 | ,008 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q3 | Pearson Correlation | ,578\*\* | ,258 | 1 | ,934\*\* | ,577\*\* | ,367\* | ,956\*\* | ,337 | ,605\*\* | ,610\*\* | ,610\*\* | 1,000\*\* | ,962\*\* | ,589\*\* | ,258 | ,374\* | ,606\*\* | ,578\*\* | ,578\*\* | ,374\* | ,962\*\* | ,488\*\* | ,258 | ,374\* | ,962\*\* | ,258 | ,366\* | ,875\*\* |
| Sig. (2-tailed) | ,001 | ,169 |  | ,000 | ,001 | ,046 | ,000 | ,068 | ,000 | ,000 | ,000 | 0,000 | ,000 | ,001 | ,169 | ,042 | ,000 | ,001 | ,001 | ,042 | ,000 | ,006 | ,169 | ,042 | ,000 | ,169 | ,047 | ,000 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q4 | Pearson Correlation | ,621\*\* | ,338 | ,934\*\* | 1 | ,654\*\* | ,272 | ,901\*\* | ,149 | ,345 | ,651\*\* | ,651\*\* | ,934\*\* | ,966\*\* | ,340 | ,159 | ,159 | ,692\*\* | ,621\*\* | ,621\*\* | ,167 | ,966\*\* | ,599\*\* | ,159 | ,167 | ,966\*\* | ,159 | ,189 | ,812\*\* |
| Sig. (2-tailed) | ,000 | ,067 | ,000 |  | ,000 | ,145 | ,000 | ,432 | ,062 | ,000 | ,000 | ,000 | ,000 | ,066 | ,403 | ,400 | ,000 | ,000 | ,000 | ,378 | ,000 | ,000 | ,403 | ,378 | ,000 | ,403 | ,317 | ,000 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q5 | Pearson Correlation | ,988\*\* | ,524\*\* | ,577\*\* | ,654\*\* | 1 | ,596\*\* | ,533\*\* | -,074 | ,041 | ,564\*\* | ,564\*\* | ,577\*\* | ,616\*\* | ,068 | -,077 | ,330 | ,596\*\* | ,988\*\* | ,988\*\* | ,337 | ,616\*\* | ,709\*\* | -,077 | ,337 | ,616\*\* | -,077 | -,060 | ,782\*\* |
| Sig. (2-tailed) | ,000 | ,003 | ,001 | ,000 |  | ,001 | ,002 | ,696 | ,830 | ,001 | ,001 | ,001 | ,000 | ,719 | ,687 | ,075 | ,001 | ,000 | ,000 | ,069 | ,000 | ,000 | ,687 | ,069 | ,000 | ,687 | ,751 | ,000 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q6 | Pearson Correlation | ,631\*\* | ,142 | ,367\* | ,272 | ,596\*\* | 1 | ,391\* | -,121 | ,172 | ,161 | ,161 | ,367\* | ,316 | ,138 | -,191 | ,312 | ,136 | ,631\*\* | ,631\*\* | ,269 | ,316 | ,256 | -,191 | ,269 | ,316 | -,191 | -,087 | ,453\* |
| Sig. (2-tailed) | ,000 | ,455 | ,046 | ,145 | ,001 |  | ,033 | ,523 | ,362 | ,395 | ,395 | ,046 | ,089 | ,467 | ,313 | ,094 | ,473 | ,000 | ,000 | ,151 | ,089 | ,171 | ,313 | ,151 | ,089 | ,313 | ,647 | ,012 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q7 | Pearson Correlation | ,532\*\* | ,222 | ,956\*\* | ,901\*\* | ,533\*\* | ,391\* | 1 | ,372\* | ,546\*\* | ,569\*\* | ,569\*\* | ,956\*\* | ,924\*\* | ,537\*\* | ,212 | ,315 | ,568\*\* | ,532\*\* | ,532\*\* | ,251 | ,924\*\* | ,451\* | ,212 | ,251 | ,924\*\* | ,212 | ,395\* | ,814\*\* |
| Sig. (2-tailed) | ,002 | ,238 | ,000 | ,000 | ,002 | ,033 |  | ,043 | ,002 | ,001 | ,001 | ,000 | ,000 | ,002 | ,261 | ,090 | ,001 | ,002 | ,002 | ,180 | ,000 | ,012 | ,261 | ,180 | ,000 | ,261 | ,031 | ,000 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q8 | Pearson Correlation | -,008 | -,127 | ,337 | ,149 | -,074 | -,121 | ,372\* | 1 | ,594\*\* | -,100 | -,100 | ,337 | ,194 | ,665\*\* | ,560\*\* | ,561\*\* | -,121 | -,056 | -,056 | ,492\*\* | ,194 | ,032 | ,560\*\* | ,492\*\* | ,194 | ,560\*\* | ,963\*\* | ,379 |
| Sig. (2-tailed) | ,967 | ,505 | ,068 | ,432 | ,696 | ,523 | ,043 |  | ,001 | ,598 | ,598 | ,068 | ,303 | ,000 | ,001 | ,001 | ,523 | ,769 | ,769 | ,006 | ,303 | ,867 | ,001 | ,006 | ,303 | ,001 | ,000 | ,009 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q9 | Pearson Correlation | ,099 | -,144 | ,605\*\* | ,345 | ,041 | ,172 | ,546\*\* | ,594\*\* | 1 | ,144 | ,144 | ,605\*\* | ,465\*\* | ,782\*\* | ,379\* | ,546\*\* | ,069 | ,099 | ,099 | ,549\*\* | ,465\*\* | -,056 | ,379\* | ,549\*\* | ,465\*\* | ,379\* | ,575\*\* | ,496\*\* |
| Sig. (2-tailed) | ,604 | ,449 | ,000 | ,062 | ,830 | ,362 | ,002 | ,001 |  | ,448 | ,448 | ,000 | ,010 | ,000 | ,039 | ,002 | ,717 | ,604 | ,604 | ,002 | ,010 | ,768 | ,039 | ,002 | ,010 | ,039 | ,001 | ,005 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q10 | Pearson Correlation | ,530\*\* | ,723\*\* | ,610\*\* | ,651\*\* | ,564\*\* | ,161 | ,569\*\* | -,100 | ,144 | 1 | 1,000\*\* | ,610\*\* | ,659\*\* | ,162 | ,222 | ,132 | ,981\*\* | ,564\*\* | ,564\*\* | ,150 | ,659\*\* | ,468\*\* | ,222 | ,150 | ,659\*\* | ,222 | -,068 | ,721\*\* |
| Sig. (2-tailed) | ,003 | ,000 | ,000 | ,000 | ,001 | ,395 | ,001 | ,598 | ,448 |  | 0,000 | ,000 | ,000 | ,391 | ,239 | ,488 | ,000 | ,001 | ,001 | ,429 | ,000 | ,009 | ,239 | ,429 | ,000 | ,239 | ,720 | ,000 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q11 | Pearson Correlation | ,530\*\* | ,723\*\* | ,610\*\* | ,651\*\* | ,564\*\* | ,161 | ,569\*\* | -,100 | ,144 | 1,000\*\* | 1 | ,610\*\* | ,659\*\* | ,162 | ,222 | ,132 | ,981\*\* | ,564\*\* | ,564\*\* | ,150 | ,659\*\* | ,468\*\* | ,222 | ,150 | ,659\*\* | ,222 | -,068 | ,721\*\* |
| Sig. (2-tailed) | ,003 | ,000 | ,000 | ,000 | ,001 | ,395 | ,001 | ,598 | ,448 | 0,000 |  | ,000 | ,000 | ,391 | ,239 | ,488 | ,000 | ,001 | ,001 | ,429 | ,000 | ,009 | ,239 | ,429 | ,000 | ,239 | ,720 | ,000 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q12 | Pearson Correlation | ,578\*\* | ,258 | 1,000\*\* | ,934\*\* | ,577\*\* | ,367\* | ,956\*\* | ,337 | ,605\*\* | ,610\*\* | ,610\*\* | 1 | ,962\*\* | ,589\*\* | ,258 | ,374\* | ,606\*\* | ,578\*\* | ,578\*\* | ,374\* | ,962\*\* | ,488\*\* | ,258 | ,374\* | ,962\*\* | ,258 | ,366\* | ,875\*\* |
| Sig. (2-tailed) | ,001 | ,169 | 0,000 | ,000 | ,001 | ,046 | ,000 | ,068 | ,000 | ,000 | ,000 |  | ,000 | ,001 | ,169 | ,042 | ,000 | ,001 | ,001 | ,042 | ,000 | ,006 | ,169 | ,042 | ,000 | ,169 | ,047 | ,000 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q13 | Pearson Correlation | ,576\*\* | ,271 | ,962\*\* | ,966\*\* | ,616\*\* | ,316 | ,924\*\* | ,194 | ,465\*\* | ,659\*\* | ,659\*\* | ,962\*\* | 1 | ,455\* | ,204 | ,259 | ,650\*\* | ,622\*\* | ,622\*\* | ,263 | 1,000\*\* | ,545\*\* | ,204 | ,263 | 1,000\*\* | ,204 | ,232 | ,844\*\* |
| Sig. (2-tailed) | ,001 | ,148 | ,000 | ,000 | ,000 | ,089 | ,000 | ,303 | ,010 | ,000 | ,000 | ,000 |  | ,012 | ,279 | ,168 | ,000 | ,000 | ,000 | ,161 | 0,000 | ,002 | ,279 | ,161 | 0,000 | ,279 | ,217 | ,000 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q14 | Pearson Correlation | ,124 | -,107 | ,589\*\* | ,340 | ,068 | ,138 | ,537\*\* | ,665\*\* | ,782\*\* | ,162 | ,162 | ,589\*\* | ,455\* | 1 | ,520\*\* | ,614\*\* | ,090 | ,124 | ,124 | ,607\*\* | ,455\* | -,026 | ,520\*\* | ,607\*\* | ,455\* | ,520\*\* | ,641\*\* | ,544\*\* |
| Sig. (2-tailed) | ,512 | ,574 | ,001 | ,066 | ,719 | ,467 | ,002 | ,000 | ,000 | ,391 | ,391 | ,001 | ,012 |  | ,003 | ,000 | ,637 | ,512 | ,512 | ,000 | ,012 | ,891 | ,003 | ,000 | ,012 | ,003 | ,000 | ,002 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q15 | Pearson Correlation | -,059 | ,083 | ,258 | ,159 | -,077 | -,191 | ,212 | ,560\*\* | ,379\* | ,222 | ,222 | ,258 | ,204 | ,520\*\* | 1 | ,360 | ,187 | -,059 | -,059 | ,369\* | ,204 | ,118 | 1,000\*\* | ,369\* | ,204 | 1,000\*\* | ,630\*\* | ,392\* |
| Sig. (2-tailed) | ,758 | ,665 | ,169 | ,403 | ,687 | ,313 | ,261 | ,001 | ,039 | ,239 | ,239 | ,169 | ,279 | ,003 |  | ,050 | ,322 | ,758 | ,758 | ,044 | ,279 | ,536 | 0,000 | ,044 | ,279 | 0,000 | ,000 | ,032 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q16 | Pearson Correlation | ,393\* | ,014 | ,374\* | ,159 | ,330 | ,312 | ,315 | ,561\*\* | ,546\*\* | ,132 | ,132 | ,374\* | ,259 | ,614\*\* | ,360 | 1 | ,063 | ,393\* | ,393\* | ,974\*\* | ,259 | ,162 | ,360 | ,974\*\* | ,259 | ,360 | ,539\*\* | ,587\*\* |
| Sig. (2-tailed) | ,032 | ,942 | ,042 | ,400 | ,075 | ,094 | ,090 | ,001 | ,002 | ,488 | ,488 | ,042 | ,168 | ,000 | ,050 |  | ,741 | ,032 | ,032 | ,000 | ,168 | ,391 | ,050 | ,000 | ,168 | ,050 | ,002 | ,001 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q17 | Pearson Correlation | ,567\*\* | ,755\*\* | ,606\*\* | ,692\*\* | ,596\*\* | ,136 | ,568\*\* | -,121 | ,069 | ,981\*\* | ,981\*\* | ,606\*\* | ,650\*\* | ,090 | ,187 | ,063 | 1 | ,567\*\* | ,567\*\* | ,083 | ,650\*\* | ,513\*\* | ,187 | ,083 | ,650\*\* | ,187 | -,087 | ,704\*\* |
| Sig. (2-tailed) | ,001 | ,000 | ,000 | ,000 | ,001 | ,473 | ,001 | ,523 | ,717 | ,000 | ,000 | ,000 | ,000 | ,637 | ,322 | ,741 |  | ,001 | ,001 | ,661 | ,000 | ,004 | ,322 | ,661 | ,000 | ,322 | ,647 | ,000 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q18 | Pearson Correlation | ,974\*\* | ,490\*\* | ,578\*\* | ,621\*\* | ,988\*\* | ,631\*\* | ,532\*\* | -,056 | ,099 | ,564\*\* | ,564\*\* | ,578\*\* | ,622\*\* | ,124 | -,059 | ,393\* | ,567\*\* | 1 | 1,000\*\* | ,397\* | ,622\*\* | ,681\*\* | -,059 | ,397\* | ,622\*\* | -,059 | -,045 | ,797\*\* |
| Sig. (2-tailed) | ,000 | ,006 | ,001 | ,000 | ,000 | ,000 | ,002 | ,769 | ,604 | ,001 | ,001 | ,001 | ,000 | ,512 | ,758 | ,032 | ,001 |  | 0,000 | ,030 | ,000 | ,000 | ,758 | ,030 | ,000 | ,758 | ,815 | ,000 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q19 | Pearson Correlation | ,974\*\* | ,490\*\* | ,578\*\* | ,621\*\* | ,988\*\* | ,631\*\* | ,532\*\* | -,056 | ,099 | ,564\*\* | ,564\*\* | ,578\*\* | ,622\*\* | ,124 | -,059 | ,393\* | ,567\*\* | 1,000\*\* | 1 | ,397\* | ,622\*\* | ,681\*\* | -,059 | ,397\* | ,622\*\* | -,059 | -,045 | ,797\*\* |
| Sig. (2-tailed) | ,000 | ,006 | ,001 | ,000 | ,000 | ,000 | ,002 | ,769 | ,604 | ,001 | ,001 | ,001 | ,000 | ,512 | ,758 | ,032 | ,001 | 0,000 |  | ,030 | ,000 | ,000 | ,758 | ,030 | ,000 | ,758 | ,815 | ,000 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q20 | Pearson Correlation | ,397\* | ,039 | ,374\* | ,167 | ,337 | ,269 | ,251 | ,492\*\* | ,549\*\* | ,150 | ,150 | ,374\* | ,263 | ,607\*\* | ,369\* | ,974\*\* | ,083 | ,397\* | ,397\* | 1 | ,263 | ,176 | ,369\* | 1,000\*\* | ,263 | ,369\* | ,476\*\* | ,587\*\* |
| Sig. (2-tailed) | ,030 | ,839 | ,042 | ,378 | ,069 | ,151 | ,180 | ,006 | ,002 | ,429 | ,429 | ,042 | ,161 | ,000 | ,044 | ,000 | ,661 | ,030 | ,030 |  | ,161 | ,351 | ,044 | 0,000 | ,161 | ,044 | ,008 | ,001 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q21 | Pearson Correlation | ,576\*\* | ,271 | ,962\*\* | ,966\*\* | ,616\*\* | ,316 | ,924\*\* | ,194 | ,465\*\* | ,659\*\* | ,659\*\* | ,962\*\* | 1,000\*\* | ,455\* | ,204 | ,259 | ,650\*\* | ,622\*\* | ,622\*\* | ,263 | 1 | ,545\*\* | ,204 | ,263 | 1,000\*\* | ,204 | ,232 | ,844\*\* |
| Sig. (2-tailed) | ,001 | ,148 | ,000 | ,000 | ,000 | ,089 | ,000 | ,303 | ,010 | ,000 | ,000 | ,000 | 0,000 | ,012 | ,279 | ,168 | ,000 | ,000 | ,000 | ,161 |  | ,002 | ,279 | ,161 | 0,000 | ,279 | ,217 | ,000 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q22 | Pearson Correlation | ,681\*\* | ,312 | ,488\*\* | ,599\*\* | ,709\*\* | ,256 | ,451\* | ,032 | -,056 | ,468\*\* | ,468\*\* | ,488\*\* | ,545\*\* | -,026 | ,118 | ,162 | ,513\*\* | ,681\*\* | ,681\*\* | ,176 | ,545\*\* | 1 | ,118 | ,176 | ,545\*\* | ,118 | ,059 | ,626\*\* |
| Sig. (2-tailed) | ,000 | ,094 | ,006 | ,000 | ,000 | ,171 | ,012 | ,867 | ,768 | ,009 | ,009 | ,006 | ,002 | ,891 | ,536 | ,391 | ,004 | ,000 | ,000 | ,351 | ,002 |  | ,536 | ,351 | ,002 | ,536 | ,755 | ,000 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q23 | Pearson Correlation | -,059 | ,083 | ,258 | ,159 | -,077 | -,191 | ,212 | ,560\*\* | ,379\* | ,222 | ,222 | ,258 | ,204 | ,520\*\* | 1,000\*\* | ,360 | ,187 | -,059 | -,059 | ,369\* | ,204 | ,118 | 1 | ,369\* | ,204 | 1,000\*\* | ,630\*\* | ,392\* |
| Sig. (2-tailed) | ,758 | ,665 | ,169 | ,403 | ,687 | ,313 | ,261 | ,001 | ,039 | ,239 | ,239 | ,169 | ,279 | ,003 | 0,000 | ,050 | ,322 | ,758 | ,758 | ,044 | ,279 | ,536 |  | ,044 | ,279 | 0,000 | ,000 | ,032 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q24 | Pearson Correlation | ,397\* | ,039 | ,374\* | ,167 | ,337 | ,269 | ,251 | ,492\*\* | ,549\*\* | ,150 | ,150 | ,374\* | ,263 | ,607\*\* | ,369\* | ,974\*\* | ,083 | ,397\* | ,397\* | 1,000\*\* | ,263 | ,176 | ,369\* | 1 | ,263 | ,369\* | ,476\*\* | ,587\*\* |
| Sig. (2-tailed) | ,030 | ,839 | ,042 | ,378 | ,069 | ,151 | ,180 | ,006 | ,002 | ,429 | ,429 | ,042 | ,161 | ,000 | ,044 | ,000 | ,661 | ,030 | ,030 | 0,000 | ,161 | ,351 | ,044 |  | ,161 | ,044 | ,008 | ,001 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q25 | Pearson Correlation | ,576\*\* | ,271 | ,962\*\* | ,966\*\* | ,616\*\* | ,316 | ,924\*\* | ,194 | ,465\*\* | ,659\*\* | ,659\*\* | ,962\*\* | 1,000\*\* | ,455\* | ,204 | ,259 | ,650\*\* | ,622\*\* | ,622\*\* | ,263 | 1,000\*\* | ,545\*\* | ,204 | ,263 | 1 | ,204 | ,232 | ,844\*\* |
| Sig. (2-tailed) | ,001 | ,148 | ,000 | ,000 | ,000 | ,089 | ,000 | ,303 | ,010 | ,000 | ,000 | ,000 | 0,000 | ,012 | ,279 | ,168 | ,000 | ,000 | ,000 | ,161 | 0,000 | ,002 | ,279 | ,161 |  | ,279 | ,217 | ,000 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q26 | Pearson Correlation | -,059 | ,083 | ,258 | ,159 | -,077 | -,191 | ,212 | ,560\*\* | ,379\* | ,222 | ,222 | ,258 | ,204 | ,520\*\* | 1,000\*\* | ,360 | ,187 | -,059 | -,059 | ,369\* | ,204 | ,118 | 1,000\*\* | ,369\* | ,204 | 1 | ,630\*\* | ,392\* |
| Sig. (2-tailed) | ,758 | ,665 | ,169 | ,403 | ,687 | ,313 | ,261 | ,001 | ,039 | ,239 | ,239 | ,169 | ,279 | ,003 | 0,000 | ,050 | ,322 | ,758 | ,758 | ,044 | ,279 | ,536 | 0,000 | ,044 | ,279 |  | ,000 | ,032 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Q27 | Pearson Correlation | ,000 | -,091 | ,366\* | ,189 | -,060 | -,087 | ,395\* | ,963\*\* | ,575\*\* | -,068 | -,068 | ,366\* | ,232 | ,641\*\* | ,630\*\* | ,539\*\* | -,087 | -,045 | -,045 | ,476\*\* | ,232 | ,059 | ,630\*\* | ,476\*\* | ,232 | ,630\*\* | 1 | ,380\* |
| Sig. (2-tailed) | 1,000 | ,633 | ,047 | ,317 | ,751 | ,647 | ,031 | ,000 | ,001 | ,720 | ,720 | ,047 | ,217 | ,000 | ,000 | ,002 | ,647 | ,815 | ,815 | ,008 | ,217 | ,755 | ,000 | ,008 | ,217 | ,000 |  | ,038 |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| Self Esteem | Pearson Correlation | ,791\*\* | ,477\*\* | ,875\*\* | ,812\*\* | ,782\*\* | ,453\* | ,814\*\* | ,379 | ,496\*\* | ,721\*\* | ,721\*\* | ,875\*\* | ,844\*\* | ,544\*\* | ,392\* | ,587\*\* | ,704\*\* | ,797\*\* | ,797\*\* | ,587\*\* | ,844\*\* | ,626\*\* | ,392\* | ,587\*\* | ,844\*\* | ,392\* | ,380\* | 1 |
| Sig. (2-tailed) | ,000 | ,008 | ,000 | ,000 | ,000 | ,012 | ,000 | ,009 | ,005 | ,000 | ,000 | ,000 | ,000 | ,002 | ,032 | ,001 | ,000 | ,000 | ,000 | ,001 | ,000 | ,000 | ,032 | ,001 | ,000 | ,032 | ,038 |  |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| \*\*. Correlation is significant at the 0.01 level (2-tailed). | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| \*. Correlation is significant at the 0.05 level (2-tailed). | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

LAMPIRAN 5 HASIL UJI HIPOTESIS

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Tests of Normality** | | | | | | |
|  | Kolmogorov-Smirnova | | | Shapiro-Wilk | | |
| Statistic | df | Sig. | Statistic | df | Sig. |
| PRETEST | ,127 | 30 | ,200\* | ,958 | 30 | ,267 |
| POSTTEST | ,113 | 30 | ,200\* | ,982 | 30 | ,886 |
| \*. This is a lower bound of the true significance. | | | | | | |
| a. Lilliefors Significance Correction | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **ANOVA Table** | | | | | | | |  |  |  |
|  | | | Sum of Squares | df | Mean Square | F | Sig. |  |  |  |
| POSTTEST \* PRETEST | Between Groups | (Combined) | 243,717 | 15 | 16,248 | ,491 | ,908 |  |  |  |
| Linearity | 18,678 | 1 | 18,678 | ,565 | ,465 |  |  |  |
| Deviation from Linearity | 225,038 | 14 | 16,074 | ,486 | ,905 |  |  |  |
| Within Groups | | 463,083 | 14 | 33,077 |  |  |  |  |  |
| Total | | 706,800 | 29 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
| **Paired Samples Test** | | | | | | | | | |  |
|  | | Paired Differences | | | | | t | df | Sig. (2-tailed) |  |
| Mean | Std. Deviation | Std. Error Mean | 95% Confidence Interval of the Difference | |  |
| Lower | Upper |  |
| Pair 1 | PRETEST - POSTTEST | -5,00000 | 6,73130 | 1,22896 | -7,51351 | -2,48649 | -4,068 | 29 | ,000 |  |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |

Lampiran 6

**TABEL NILAI KRITIS DISTRIBUSI T**

| **Df** | **One-Tailed Test** | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **0.25** | **0.1** | **0.05** | **0.025** | **0.01** | **0.005** | **0.001** |
| **Two-Tailed Test** | | | | | | |
| **0.50** | **0.20** | **0.10** | **0.05** | **0.02** | **0.01** | **0.002** |
| 1 | 1.0000 | 3.077684 | 6.313752 | 12.706 | 31.82052 | 63.65674 | 318.3088 |
| 2 | 0.8165 | 1.885618 | 2.919986 | 4.303 | 6.964557 | 9.924843 | 22.32712 |
| 3 | 0.7649 | 1.637744 | 2.353363 | 3.182 | 4.540703 | 5.840909 | 10.21453 |
| 4 | 0.7407 | 1.533206 | 2.131847 | 2.776 | 3.746947 | 4.604095 | 7.173182 |
| 5 | 0.7267 | 1.475884 | 2.015048 | 2.571 | 3.36493 | 4.032143 | 5.89343 |
| 6 | 0.7176 | 1.439756 | 1.94318 | 2.447 | 3.142668 | 3.707428 | 5.207626 |
| 7 | 0.7111 | 1.414924 | 1.894579 | 2.365 | 2.997952 | 3.499483 | 4.78529 |
| 8 | 0.7064 | 1.396815 | 1.859548 | 2.306 | 2.896459 | 3.355387 | 4.500791 |
| 9 | 0.7027 | 1.383029 | 1.833113 | 2.262 | 2.821438 | 3.249836 | 4.296806 |
| 10 | 0.6998 | 1.372184 | 1.812461 | 2.228 | 2.763769 | 3.169273 | 4.1437 |
| 11 | 0.6974 | 1.36343 | 1.795885 | 2.201 | 2.718079 | 3.105807 | 4.024701 |
| 12 | 0.6955 | 1.356217 | 1.782288 | 2.179 | 2.680998 | 3.05454 | 3.929633 |
| 13 | 0.6938 | 1.350171 | 1.770933 | 2.160 | 2.650309 | 3.012276 | 3.851982 |
| 14 | 0.6924 | 1.34503 | 1.76131 | 2.145 | 2.624494 | 2.976843 | 3.78739 |
| 15 | 0.6912 | 1.340606 | 1.75305 | 2.131 | 2.60248 | 2.946713 | 3.732834 |
| 16 | 0.6901 | 1.336757 | 1.745884 | 2.120 | 2.583487 | 2.920782 | 3.686155 |
| 17 | 0.6892 | 1.333379 | 1.739607 | 2.110 | 2.566934 | 2.898231 | 3.645767 |
| 18 | 0.6884 | 1.330391 | 1.734064 | 2.101 | 2.55238 | 2.87844 | 3.610485 |
| 19 | 0.6876 | 1.327728 | 1.729133 | 2.093 | 2.539483 | 2.860935 | 3.5794 |
| 20 | 0.6870 | 1.325341 | 1.724718 | 2.086 | 2.527977 | 2.84534 | 3.551808 |
| 21 | 0.6864 | 1.323188 | 1.720743 | 2.080 | 2.517648 | 2.83136 | 3.527154 |
| 22 | 0.6858 | 1.321237 | 1.717144 | 2.074 | 2.508325 | 2.818756 | 3.504992 |
| 23 | 0.6853 | 1.31946 | 1.713872 | 2.069 | 2.499867 | 2.807336 | 3.484964 |
| 24 | 0.6848 | 1.317836 | 1.710882 | 2.064 | 2.492159 | 2.79694 | 3.466777 |
| 25 | 0.6844 | 1.316345 | 1.708141 | 2.060 | 2.485107 | 2.787436 | 3.450189 |
| 26 | 0.6840 | 1.314972 | 1.705618 | 2.056 | 2.47863 | 2.778715 | 3.434997 |
| 27 | 0.6837 | 1.313703 | 1.703288 | 2.052 | 2.47266 | 2.770683 | 3.421034 |
| 28 | 0.6834 | 1.312527 | 1.701131 | 2.048 | 2.46714 | 2.763262 | 3.408155 |
| 29 | 0.6830 | 1.311434 | 1.699127 | 2.045 | 2.462021 | 2.756386 | 3.39624 |
| 30 | 0.6828 | 1.310415 | 1.697261 | 2.042 | 2.457262 | 2.749996 | 3.385185 |

Lampiran 7

**Tabel R**

**(Pearson Product Moment)**

**Uji 1 sisi dan 2 sisi pada taraf signifikansi 0,05**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **N** | **1-tailed** | **2-tailed** | **N** | **1-tailed** | **2-tailed** |
| 3 | 0.98 | 0.997 | 46 | 0.246 | 0.291 |
| 4 | 0.90 | 0.950 | 47 | 0.243 | 0.288 |
| 5 | 0.80 | 0.878 | 48 | 0.240 | 0.285 |
| 6 | 0.72 | 0.811 | 49 | 0.238 | 0.282 |
| 7 | 0.66 | 0.755 | 50 | 0.235 | 0.279 |
| 8 | 0.62 | 0.707 | 51 | 0.233 | 0.276 |
| 9 | 0.58 | 0.666 | 52 | 0.231 | 0.273 |
| 10 | 0.54 | 0.632 | 53 | 0.228 | 0.270 |
| 11 | 0.52 | 0.602 | 54 | 0.226 | 0.268 |
| 12 | 0.49 | 0.576 | 55 | 0.224 | 0.265 |
| 13 | 0.47 | 0.553 | 56 | 0.222 | 0.263 |
| 14 | 0.45 | 0.532 | 57 | 0.220 | 0.261 |
| 15 | 0.44 | 0.514 | 58 | 0.218 | 0.258 |
| 16 | 0.42 | 0.497 | 59 | 0.216 | 0.256 |
| 17 | 0.41 | 0.482 | 60 | 0.214 | 0.254 |
| 18 | 0.40 | 0.468 | 61 | 0.213 | 0.252 |
| 19 | 0.38 | 0.456 | 62 | 0.211 | 0.250 |
| 20 | 0.37 | 0.444 | 63 | 0.209 | 0.248 |
| 21 | 0.36 | 0.433 | 64 | 0.207 | 0.246 |
| 22 | 0.36 | 0.423 | 65 | 0.206 | 0.244 |
| 23 | 0.35 | 0.413 | 66 | 0.204 | 0.242 |
| 24 | 0.34 | 0.404 | 67 | 0.203 | 0.240 |
| 25 | 0.33 | 0.396 | 68 | 0.201 | 0.239 |
| 26 | 0.33 | 0.388 | 69 | 0.200 | 0.237 |
| 27 | 0.32 | 0.381 | 70 | 0.198 | 0.235 |
| 28 | 0.31 | 0.374 | 71 | 0.197 | 0.233 |
| 29 | 0.31 | 0.367 | 72 | 0.195 | 0.232 |
| 30 | 0.30 | 0.361 | 73 | 0.194 | 0.230 |
| 31 | 0.30 | 0.355 | 74 | 0.193 | 0.229 |
| 32 | 0.29 | 0.349 | 75 | 0.191 | 0.227 |
| 33 | 0.29 | 0.344 | 76 | 0.190 | 0.226 |
| 34 | 0.28 | 0.339 | 77 | 0.189 | 0.224 |
| 35 | 0.28 | 0.334 | 78 | 0.188 | 0.223 |

Lampiran 8

**Rencana Pelaksanaan Layanan Bimbingan Kelompok dengan Teknik Modelling**

1. Topik Bahasan : Meningkatkan *Self Esteem*
2. Bidang Bimbingan : Layanan Pribadi
3. Jenis Layanan : Bimbingan Kelompok
4. Fungsi Layanan : Pemahaman dan Pengembangan
5. Tujuan Layanan dan Hasil yang Ingin Dicapai:
   1. Tujuan Layanan Bimbingan Kelompok ini diharapkan siswa mampu:
6. Menjelaskan pentingnya *Self Esteem* positif
7. Memahami pentingnya pengalaman *Self Esteem* positif
   1. Hasil yang Ingin Dicapai:

Siswa dapat meningkatkan *Self Esteem*

1. Sasaran Layanan : Kelas XI

|  |  |  |
| --- | --- | --- |
| **No** | **Pertemuan** | **Deskriptif Kegiatan** |
| **1** | **2** | **3** |
| 1 | Pertama | a. Pemimpin kelompok membuka layanan bimbingan kelompok dengan salam dan memberikan layanan klasikal untuk membangun hubungan yang baik antara pemimpin kelompok dengan anggota kelompok.  b. Pemimpin kelompok menjelaskan maksud dan tujuan dilaksanakannya kegiatan bimbingan kepada semua anggota kelompok.  c. Memimpin menanyakan kesiapan anggota untuk mengikuti bimbingan kelompok.  d. Ice Breaking  e. Pemimpin kelompok menjelaskan pengertian self esteem  f. Memberikan kesempatan bagi anggita kelompok untuk bertanya terkait materi yang disampaikan.  g.Pemimpin kelompok mengajak anggota kelompok untuk menyimpulkan dari kegiatan pertama ini.  h. Pemimpin meminta anggota kelompok untuk mengungkapkan kesan pada pertemuan ini.  i. Pemimpin bersama anggota kelompok membuat rencana dan kesepakatan untuk pertemuan |
| 2 | Kedua | a. Pemimpin kelompok mengajak anggota kelompok untuk melakukan kegiatan bimbingan kelompok dengan teknik modelling.  b. Pemimpin kelompok menjelaskan pengertian, tujuan dan prosedur teknik modelling dalam layanan bimbingan kelompok dan menyepakati kontrak waktu serta memberikan semangat untuk anggota kelompok.  c. Memimpin kelompok kembali menanyakan kesiapan anggota kelompok untuk mengikuti layanan bimbingan kelompok.  d. Pemimpin kelompok meminta anggota kelompok untuk memperhatikan secara penuh pada model/tingkah laku yang akan dicontoh.  Contoh permasalahan: siswa takut dan malu mengungkapkan pendapatnya dikelas. Pemimpin kelompok meminta anggota kelompok untuk mengamati teman sekelasnya yang aktif mrngungkapkan pendapat dikelas, mengamati bagaimana temannya bertanya, dan apa yang dilakukan sebelum dan sesudah bertanya.  e. Peneliti menjelaskan bahwa sesi kedua dalam kegiatan ini akan segera berakhir, peneliti mengajak siswa untuk mengevaluasi kegiatan |
| 3 | Ketiga | a. Pada sesi bimbingan ini, pemimpin kelompok meminta anggota kelompok untuk mengungkapkan informasi atau hal apa yang didapatkan dari pengamatannya tersebut.  b. Pemimpin dan anggota kelompok bersama-sama menggeneralisir perilaku dari model.  c. Pemimpin kelompok meminta anggota kelompok untuk mulai melakukan dan mencoba melakukan perilaku seperti model. |
| 4 | Keempat | a. Masing-masing anggota kelompok mencoba menunjukkan perilaku seperti model, dan mencoba bertanya/mengungkapkan pendapat dikelas.  b. Pemimpin kelompok meminta anggota kelompok untuk memberikan tanggapannya mengenai perilaku yang ditunjukkan oleh teman-teman kelompoknya. |
| 5 | Kelima | a. Pada sesi bimbingan ini, pemimpin kelompok bertanya tentang apa yang telah dilakuan oleh masing-masing anggota kelompok. Apakah anggota kelompok sudah berani mengungkapkan pendapat di kelas atau belum. Jika belum maka pemimpin kelompok kembali pada tahap retention dan mengupayakan terjadinya perubahan perilaku anggota kelompok.  b. Pemimpin dan anggota kelompok bersama mengevaluasi tentang perilaku yang telah dilakukan oleh konseli.  c. Pemimpin kelompok memberikan reinforcement kepada anggota kelompok yang telah menunjukkan perilaku yang dikehendaki.  d. Memberikan motivasi untuk meningkatkan perilaku tersebut |
| 6 | Keenam | 1. Peneliti menyampaikan kembali prosedur kegiatan teknik modelling dalam layanan bimbingan kelompok dan menyampaikan motivasi agar layanan berjalan dengan baik dan lancar. 2. Pemimpin kelompok meminta anggota kelompok untuk dapat mengembangkan perilaku yang dikehendaki tersebut dengan cara mengamati dan memperhatikan konsekuensi/hasil yang diperoleh orang lain/model setelah melakukan perilaku yang dikehendaki |
| 7 | Ketujuh | 1. Peneliti menyampaikan kembali prosedur kegiatan teknik modelling dalam layanan bimbingan kelompok dan menyampaikan motivasi agar layanan berjalan dengan baik dan lancar. 2. Mengevaluasi dan menggenarilisir konsekuensi untuk memunculkan dan mengembangkan perilaku yang dikehendaki |
| 8 | Kedelapan | 1. Pemimpin kelompok mengajak siswa melakukan kegiatan layanan klasikal membahas dampak dari self esteem yang rendah. 2. Pemimpin kelompok menayangkan video yang berkaitan dengan perilaku seseorang yang memiliki self esteem yang tinggi. 3. Pemimpin kelompok mengajak anggota kelompok untuk menyimpulkan kegiatan pada pertemuan ini. 4. Pemimpin kelompok meminta anggota kelompok untuk mengungkapkan kesan serta hal apa-apa saja yang didapatkan dari sesi pertama sampai sesi terakhir. 5. Peneliti menyampaikan ungkapan terima kasih kepada anggota kelompok yang telah berpartisipasi selama kegiatan dari sesi pertama sampai sesi ke delapan |

Lubuk Pakam, 1 februari 2021

Guru BK,