**DAFTAR ISI**

Halaman **HALAMAN SAMPUL .........................................................................................i HALAMAN PERSYARATAN SKRIPSI ..........................................................ii**

**HALAMAN TANDA PERSETUJUAN SKRIPSI ............................................ iii**

**SURAT PERNYATAAN ..................................................................................... iv ABSTRAK ............................................................................................................. v ABSTRACT .......................................................................................................... vi KATA PENGANTAR......................................................................................... vii DAFTAR ISI.......................................................................................................... x DAFTAR GAMBAR........................................................................................... xv DAFTAR TABEL .............................................................................................. xvi DAFTAR LAMPIRAN ..................................................................................... xvii BAB I PENDAHULUAN...................................................................................... 1**

1.1 Latar Belakang Penelitian ................................................................... 1

1.2 Rumusan Masalah............................................................................... 2

1.3 Hipotesis Penelitian ............................................................................ 3

1.4 Tujuan Penelitian ................................................................................ 3

1.5 Manfaat Penelitian .............................................................................. 4

1.6 Kerangka Pikir Penelitian ................................................................... 5

**BAB II TINJAUAN PUSTAKA........................................................................... 6**

2.1 Uraian Umbi Bit.................................................................................. 6

2.1.1 Sistematika Umbi Bit .................................................................. 7

2.1.2 Morfologi Umbi Bit .................................................................... 7

2.1.3 Kandungan Umbi Bit .................................................................. 9

2.1.4 Kegunaan Umbi Bit..................................................................... 9

2.2 Uraian Rimpang Kunyit.................................................................... 11

2.2.1 Sistematika Rimpang Kunyit .................................................... 12

2.2.2 Morfologi Rimpang Kunyit....................................................... 12

2.2.3 Nama Daerah Rimpang Kunyit ................................................. 13

2.2.4 Kandungan Rimpang Kunyit..................................................... 13

2.2.5 Kegunaan Rimpang Kunyit....................................................... 14

2.3 Simplisia ........................................................................................... 14

2.3.1 Jenis Simplisia........................................................................... 14

2.3.2 Proses Pembuatan Simplisia ..................................................... 15

2.3.3 Karakterisasi Simplisia.............................................................. 19

2.4 Ekstraksi............................................................................................ 20

2.4.1 Metode Ekstraksi Cara Dingin .................................................. 21

2.4.2 Metode Ekstraksi Cara Panas .................................................... 22

2.4.3 Pelarut Ekstraksi........................................................................ 23

2.4.4 Ekstrak....................................................................................... 24

2.4.5 Faktor Yang Berpengaruh Pada Mutu Ekstrak ......................... 24

2.5 Metabolit Sekunder........................................................................... 26

2.5.1 Flavonoid................................................................................... 26

2.5.2 Alkaloid..................................................................................... 27

2.5.3 Tanin ......................................................................................... 28

2.5.4 Saponin...................................................................................... 29

2.5.5 Glikosida ................................................................................... 30

2.5.6 Triterpenoid/Steroid .................................................................. 31

2.5.7 Antosianin ................................................................................. 32

2.5.8 Curcumin................................................................................... 34

2.6 Nanopartikel...................................................................................... 35

2.6.1 Jenis Nanopartikel ..................................................................... 36

2.6.2 Manfaat Nanopartikel................................................................ 38

2.6.3 Metode Pembuatan Nanopartikel .............................................. 38

2.6.4 Evaluasi Nanopartikel ............................................................... 40

2.6.5 *Particle Size Analyzer* (PSA) .................................................... 40

2.7 Kulit .................................................................................................. 41

2.7.1 Anatomi Fisiologi Kulit ............................................................ 41

2.7.2 Fungsi Kulit............................................................................... 45

2.7.3 Jenis-jenis Kulit......................................................................... 46

2.7.4 Kulit Kelopak Mata................................................................... 47

2.8 Kosmetik ........................................................................................... 47

2.8.1 Penggolongan Kosmetik ........................................................... 48

2.8.2 Kosmetik Dekoratif ................................................................... 50

2.8.3 Kosmetik Rias Mata .................................................................. 51

2.8.4 Jenis-jenis Kosmetik Rias Mata ................................................ 51

2.9 *Eyeshadow* ........................................................................................ 52

2.9.1 Jenis-jenis *Eyeshadow*............................................................... 53

2.9.2 Kelebihan Sediaan *Eyeshadow* ................................................. 55

2.9.3 Kerugian Sediaan *Eyeshadow* ................................................... 55

2.9.4 Cara Penggunaan *Eyeshadow* ................................................... 56

2.10 Monografi Bahan ............................................................................ 57

2.10.1 Gliserin .................................................................................... 57

2.10.2 Metil Paraben .......................................................................... 58

2.10.3 Propil Paraben ......................................................................... 58

2.10.4 Talkum .................................................................................... 59

2.10.5 Cera alba.................................................................................. 60

2.10.6 Titanium dioksid ..................................................................... 61

2.10.7 Parafin cair .............................................................................. 62

2.11 Pewarna........................................................................................... 62

**BAB III METODE PENELITIAN .................................................................... 64**

3.1 Rancangan Penelitian........................................................................ 64

3.1.1 Variabel Penelitian .................................................................... 64

3.1.2 Parameter Penelitian.................................................................. 64

3.2 Lokasi dan Jadwal Penelitian............................................................ 65

3.2.1 Lokasi Penelitian ....................................................................... 65

3.2.2 Jadwal Penelitian....................................................................... 65

3.3 Bahan dan Alat.................................................................................. 65

3.3.1 Bahan......................................................................................... 65

3.3.2 Alat ............................................................................................ 66

3.4 Penyiapan Sampel dan Pengolahan Sampel ..................................... 66

3.4.1 Penyiapan Sampel ..................................................................... 66

3.4.2 Determinasi Sampel .................................................................. 66

3.4.3 Pengolahan Sampel ................................................................... 66

3.5 Karakterisasi Simplisia ..................................................................... 67

3.5.1 Pemeriksaan Makroskopik Simplisia........................................ 67

3.5.2 Pemeriksaan Mikroskopik Simplisia......................................... 67

3.5.3 Penetapan Kadar Air ................................................................. 68

3.5.4 Penetapan Kadar Sari Larut Dalam Air .................................... 69

3.5.5 Penetapan Kadar Sari Larut Dalam Etanol ............................... 69

3.5.6 Penetapan Kadar Abu Total ...................................................... 69

3.5.7 Penetapan Kadar Abu Tidak Larut Asam ................................. 70

3.6 Pembuatan Larutan Pereaksi............................................................. 70

3.6.1 Larutan Pereaksi Natrium Hidroksida 2 N................................ 70

3.6.2 Larutan Pereaksi Asam Nitrat 0,5 N ......................................... 70

3.6.3 Larutan Pereaksi Asam Sulfat 2 N ............................................ 70

3.6.4 Larutan Pereaksi Asam Klorida 2 N ......................................... 71

3.6.5 Larutan Pereaksi Timbal (II) Asetat 0,4 M ............................... 71

3.6.6 Larutan Pereaksi Besi (III) Klorida 1 %.................................... 71

3.6.7 Larutan Pereaksi Kloralhidrat ................................................... 71

3.6.8 Laratan Pereaksi Molish............................................................ 71

3.6.9 Larutan Pereaksi Liebermann-Burchard ................................... 71

3.6.10 Larutan Pereaksi Mayer .......................................................... 71

3.6.11 Larutan Pereaksi Dragendorff ................................................. 72

3.6.12 Larutan Pereaksi Bouchardat .................................................. 72

3.7 Pembuatan Ekstrak Umbi Bit dan Rimpang Kunyit ......................... 72

3.8 Skrining Fitokimia ............................................................................ 73

3.8.1 Pemeriksaan Flavonoid ............................................................. 73

3.8.2 Pemeriksaan Alkaloid ............................................................... 73

3.8.3 Pemeriksaan Tanin .................................................................... 74

3.8.4 Pemeriksaan Saponin ................................................................ 74

3.8.5 Pemeriksaan Glikosida.............................................................. 75

3.8.6 Pemeriksaan Triterpenoid/Steroid............................................. 75

3.8.7 Pemeriksaan Antosianin............................................................ 75

3.8.8 Pemeriksaan Curcumin ............................................................. 76

3.9 Pembuatan Formulasi Sediaan *Eyeshadow Cream*........................... 76

3.9.1 Formula Acuan *Eyeshadow Cream*........................................... 76

3.9.2 Modifikasi Formula Ekstrak Pada *Eyeshadow Cream*.............. 76

3.9.3 Prosedur Formula Ekstrak Pada *Eyeshadow Cream* ................. 77

3.10 Pembuatan Nanoekstrak Umbi Bit dan Rimpang Kunyit ............... 77

3.10.1 Modifikasi Formula Nanoekstrak Pada *Eyeshadow Cream*.... 78

3.10.2 Prosedur Formula Nanoekstrak Pada *Eyeshadow Cream* ....... 78

3.11 Uji Mutu Fisik Sediaan *Eyeshadow Cream* .................................... 79

3.11.1 Uji Organoleptis ...................................................................... 79

3.11.2 Uji Homogenitas ..................................................................... 79

3.11.3 Uji Poles .................................................................................. 79

3.11.4 Uji Daya Lekat ........................................................................ 80

3.11.5 Uji pH...................................................................................... 80

3.11.6 Uji Daya Sebar ........................................................................ 80

3.12 Uji Keamanan dan Kesukaan Sediaan *Eyeshadow Cream* ............. 81

3.12.1 Uji Iritasi ................................................................................. 81

3.12.2 Uji Hedonic (Kesukaan).......................................................... 81

3.13 Analisis Data................................................................................... 82

**BAB IV HASIL DAN PEMBAHASAN ............................................................ 83**

4.1 Hasil Identifikasi Tumbuhan............................................................. 83

4.2 Hasil Pemeriksaan Makroskopik ...................................................... 83

4.3 Hasil Pemeriksaan Mikroskopik ....................................................... 84

4.4 Hasil Pemeriksaan Karakteristik....................................................... 84

4.5 Hasil Pembuatan Ekstrak Etanol Umbi Bit dan Rimpang Kunyit .... 86

4.6 Hasil Pemeriksaan Skrining Fitokimia ............................................. 87

4.7 Hasil Pembuatan Nanoekstrak Umbi Bit dan Rimpang Kunyit........ 89

4.8 Hasil Pembuatan *Eyeshadow Cream* ................................................ 89

4.9 Hasil Uji Mutu Fisik Sediaan *Eyeshadow Cream*............................. 90

4.9.1 Uji Organoleptis ........................................................................ 90

4.9.2 Uji Homogenitas ....................................................................... 92

4.9.3 Uji Poles .................................................................................... 93

4.9.4 Uji Daya Lekat .......................................................................... 94

4.9.5 Uji pH........................................................................................ 98

4.9.6 Uji Daya Sebar ........................................................................ 102

4.10 Hasil Uji Keamanan dan Kesukaan Sediaan *Eyeshadow Cream*.. 105

4.10.1 Uji Iritasi ............................................................................... 105

4.10.2 Uji Hedonic (Kesukaan)........................................................ 107

**BAB V KESIMPULAN DAN SARAN ............................................................ 109**

5.1 Kesimpulan ..................................................................................... 109

5.2 Saran ............................................................................................... 109

**DAFTAR PUSTAKA ........................................................................................ 110**

**LAMPIRAN....................................................................................................... 114**

**DAFTAR GAMBAR**

Halaman

**Gambar 1.1** Kerangka Pikir Penelitian .................................................................. 5

**Gambar 2.1** Umbi Bit ............................................................................................ 6

**Gambar 2.2** Rimpang Kunyit .............................................................................. 11

**Gambar 2.3** Struktur Flavanoid ........................................................................... 27

**Gambar 2.4** Struktur Alkaloid ............................................................................. 28

**Gambar 2.5** Struktur Tanin.................................................................................. 29

**Gambar 2.6** Struktur Saponin .............................................................................. 30

**Gambar 2.7** Struktur Glikosida............................................................................ 31

**Gambar 2.8** Struktur Triterpenoid/Steroid........................................................... 32

**Gambar 2.9** Struktur Antosianin.......................................................................... 32

**Gambar 2.10** Struktur Curcumin ......................................................................... 34

**Gambar 2.11** Lapisan Epidermis ......................................................................... 43

**Gambar 2.12** Lapisan Dermis.............................................................................. 44

**Gambar 2.13** Lapisan Hipodermis....................................................................... 44

**Gambar 2.14** Sediaan *Eyeshadow* ....................................................................... 53

**Gambar 2.15** Struktur dan Bentuk Gliserin ......................................................... 57

**Gambar 2.16** Struktur dan Bentuk Metil Paraben ............................................... 58

**Gambar 2.17** Struktur dan Bentuk Propil Paraben .............................................. 59

**Gambar 2.18** Struktur dan Bentuk Talkum ......................................................... 60

**Gambar 2.19** Struktur dan Bentuk Cera Alba...................................................... 61

**Gambar 2.20** Struktur dan Bentuk Titanium Dioksid ......................................... 61

**Gambar 2.21** Struktur dan Bentuk Paraffin ......................................................... 62

**Gambar 4.1** Grafik Uji Daya Lekat ..................................................................... 95

**Gambar 4.2** Grafik Uji pH................................................................................... 99

**Gambar 4.3** Grafik Uji Daya Sebar ................................................................... 102

**DAFTAR TABEL**

Halaman

**Tabel 3.1** Rancangan Formula Ekstrak Pada *Eyeshadow Cream*......................... 77

**Tabel 3.2** Rancangan Formula Nanoekstrak Pada *Eyeshadow Cream*................. 78

**Tabel 4.1** Hasil Pengamatan Makroskopik........................................................... 83

**Tabel 4.2** Hasil Karakteristik Umbi Bit dan Rimpang Kunyit ............................. 85

**Tabel 4.3** Hasil Ekstrak Umbi Bit dan Rimpang Kunyit...................................... 86

**Tabel 4.4** Hasil Skrining Fitokimia Umbi Bit dan Rimpang Kunyit.................... 87

**Tabel 4.5** Hasil Pembuatan Nanoekstrak Umbi Bit dan Rimpang Kunyit ........... 89

**Tabel 4.6** Hasil Uji Organoleptis *Eyeshadow Cream*........................................... 90

**Tabel 4.7** Hasil Uji Homogenitas *Eyeshadow Cream* .......................................... 92

**Tabel 4.8** Hasil Uji Poles *Eyeshadow Cream*....................................................... 93

**Tabel 4.9** Hasil Uji Daya Lekat *Eyeshadow Cream*............................................. 95

**Tabel 4.10** Hasil Uji Normalitas Daya Lekat *Eyeshadow Cream* ........................ 96

**Tabel 4.11** Hasil Uji Homogenitas Daya Lekat *Eyeshadow Cream* .................... 97

**Tabel 4.12** Hasil Uji *One Way Anova* Daya Lekat *Eyeshadow Cream*................ 98

**Tabel 4.13** Hasil Uji pH *Eyeshadow Cream* ........................................................ 98

**Tabel 4.14** Hasil Uji Normalitas pH *Eyeshadow Cream*.................................... 100

**Tabel 4.15** Hasil Uji Homogenitas pH *Eyeshadow Cream* ................................ 101

**Tabel 4.16** Hasil Uji *One Way Anova* pH *Eyeshadow Cream* ........................... 101

**Tabel 4.17** Hasil Uji Daya Sebar *Eyeshadow Cream*......................................... 102

**Tabel 4.18** Hasil Uji Normalitas Daya Sebar *Eyeshadow Cream* ...................... 103

**Tabel 4.19** Hasil Uji Homogenitas Daya Sebar *Eyeshadow Cream* .................. 104

**Tabel 4.20** Hasil Uji *One Way Anova* Daya Sebar *Eyeshadow Cream*.............. 105

**Tabel 4.21** Hasil Uji Iritasi Sediaan *Eyeshadow Cream* .................................... 106

**Tabel 4.22** Hasil Uji Hedonic Panelis Sediaan *Eyeshadow Cream*.................... 107

**DAFTAR LAMPIRAN**

Halaman

**Lampiran 1.** Surat Telah Melaksakan Penelitian............................................... 114

**Lampiran 2.** Surat Bebas Laboratorium Terpadu UMN Al-Washliyah ............ 115

**Lampiran 3.** Hasil Identifikasi Tumbuhan Bit dan Kunyit................................ 116

**Lampiran 4**. Bagan Alir Pembuatan Serbuk Simplisia ..................................... 118

**Lampiran 5.** Bagan Alir Pembuatan Ekstrak..................................................... 119

**Lampiran 6.** Bagan Alir Pembuatan Ekstrak Nanopartikel ............................... 120

**Lampiran 7.** Bagan Alir Karakteristik Serbuk Simplisia .................................. 121

**Lampiran 8.** Bagan Alir Skrining Fitokimia Bit dan Kunyit............................. 122

**Lampiran 9.** Bagan Alir Pembuatan Sediaan *Eyeshadow Cream* ..................... 123

**Lampiran 10.** Bagan Alir Uji Mutu Sediaan *Eyeshadow Cream* ...................... 124

**Lampiran 11.** Pengolahan Tanaman Umbi Bit dan Rimpang Kunyit ............... 125

**Lampiran 12.** Hasil Pembuatan Maserasi dan Ekstrak...................................... 126

**Lampiran 13.** Hasil Pembuatan Nanoekstrak .................................................... 127

**Lampiran 14.** Hasil Pengujian Karakterisasi Simplisia..................................... 130

**Lampiran 15.** Hasil Skrining Fitokimia Bit dan Kunyit.................................... 135

**Lampiran 16.** Hasil Pembuatan Sediaan *Eyeshadow Cream* ............................ 137

**Lampiran 17.** Hasil Uji Organoleptis ................................................................ 138

**Lampiran 18.** Hasil Uji Homogenitas................................................................ 139

**Lampiran 19.** Hasil Uji Poles ............................................................................ 140

**Lampiran 20.** Hasil Uji Daya Lekat .................................................................. 141

**Lampiran 21.** Hasil Uji pH ................................................................................ 143

**Lampiran 22.** Hasil Uji Daya Sebar .................................................................. 145

**Lampiran 23.** Hasil Uji Iritasi............................................................................ 147

**Lampiran 24.** Hasil Pengisian Kuesioner Pada Sukarelawan ........................... 148

**Lampiran 25.** Perhitungan Uji Karakterisasi Simplisia Umbi Bit..................... 150

**Lampiran 26.** Perhitungan Uji Karakterisasi Simplisia Rimpang Kunyit ......... 152

**Lampiran 27.** Perhitugan Pembuatan Ekstrak Bit dan Kunyit .......................... 154

**Lampiran 28.** Perhitungan Rendeman Ekstrak.................................................. 155

**Lampiran 29.** Perhitungan Formula Sediaan *Eyeshadow*.................................. 156

**Lampiran 30.** Format Surat Pernyataan Untuk Uji Iritasi ................................. 157

**Lampiran 31.** Lembar Kuesioner Uji Hedonic.................................................. 158

**Lampiran 32.** Data Hasil Uji Hedonic............................................................... 159

**Lampiran 33.** Alat Homogenizer....................................................................... 166

**Lampiran 34.** Alat *Ultrasonic Homogenizer*..................................................... 167

**Lampiran 35.** Alat *Particle Size Analyzer* (PSA) .............................................. 168

**Lampiran 36.** Permohonan Persetujuan Judul................................................... 169

**Lampiran 37.** Persetujuan Judul Skripsi............................................................ 170

**Lampiran 38.** Penghunjukan Pembimbing ........................................................ 171

**Lampiran 39.** Berita Acara Bimbingan Skripsi ................................................. 172

**Lampiran 40.** Persetujuan Mengikuti Ujian ...................................................... 173

**Lampiran 41.** Undangan Ujian Sarjana ............................................................. 174

**Lampiran 42.** Ekspedisi Undangan Ujian Sarjana............................................. 175

**Lampiran 43.** Berita Acara Ujian ...................................................................... 176